



THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

Family Physicians Links

Message from the President



Passing the Baton 交棒

I started two years ago in this column with the title "Family Medicine Legacy – 薪火相傳". This will be my last President's message in this term. By the time you read this article, you should already know that we shall have a new team of Council members and Executives after 4th December 2010 AGM under the leadership of Dr. Ruby SY Lee. I am most delighted to give Ruby my heartiest congratulations as the first Madam President of the Hong Kong College of Family Physicians. I am sure she will carry on with the FM Legacy.

I had a lot of new experiences in the past two years. I tried my best to cope with a lot of new things such as using email. I had to adjust my clinic schedule to attend the many meetings and ceremonies representing HKCFP officially. These are important functions which reflect the standing of our College in the medical profession as well as in the field of Family Medicine and Primary Care. As official spokesman of HKCFP, I have to face the media for interviews and comment on policies in relation to our healthcare system. Overseas conferences and regional meetings are equally vital to show the role of our College plays in terms of training and education. All the events in the past 24 months will stay in my memory until the date I get dementia.....

In my high school days, I spent a lot of time on the football field playing

soccer, field and track events. I was in the relay team for both 4x100m and 4x400m, and was always given the last leg to finish off. There were various mishaps such as dropped baton, failure to pass the baton within the boundary or even passing the baton to the wrong person! To run the last leg inferred that you are the fastest among your teammates, but it is always stressful unless your team is the strongest among other competitors. Very often one has to cover the lost ground incurred by the teammates. It is always a thrilling experience whether win or loss, but the team spirit is most treasured. While the title of this message is "passing the baton", it does not mean I shall stop and say good-bye. I shall remain in the Council as Immediate Past President and will serve the College if I am needed. To be the President of an academic College is always considered as a great honour and achievement in one's professional life. The duty of the President is more akin to carry the Olympic Torch. He/she should run with composure, at a steady pace and make sure the flame will never die. The torch should then be passed on to the next runner without showing signs of exhaustion. There are lots of people around him/her to protect, assist and cheer him/her up. *(I have to pay particular attention to address both genders now).*

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Issue 81
November 2010

Hong Kong Primary Care Conference 2011

“A New Frontier”

First Announcement

It is our great pleasure to announce that the first Hong Kong Primary Care Conference (HKPCC), organized by the Hong Kong College of Family Physicians, will be held on 28 – 29 May 2011 at the Hong Kong Academy of Medicine Jockey Club Building, Wong Chuk Hang, Hong Kong.

Spurred on by the great success of our past Annual Scientific Meetings, the Hong Kong College of Family Physicians is now expanding our Annual Scientific Meeting into an exciting new conference that is relevant to the much broader primary care community. We hope to provide a platform to share the latest scientific updates, current development and future trends in primary care, and to allow college members and other members of the primary care team (family physicians, nurses, community and allied health practitioners) to network and learn from one another.

The theme of this inaugural conference is “A New Frontier”. As our government’s recent healthcare policy is placing a great emphasis on the development of primary care, we hope our new-found conference will provide a new frontier for the fields of primary care, by bringing experts and practitioners together and encouraging future development and collaboration.

We now cordially invite you to submit abstracts for free paper presentations and posters, to participate in our full paper competition, and to register for the conference. Instructions for abstract submission and full paper competition are available on the next few pages and at our College website.

More information on the first Hong Kong Primary Care Conference will follow soon in the future issues of the Hong Kong Practitioner and FP Links, as well as on our College website. It is our hope that your attendance and contribution will help shaping the future of primary care in Hong Kong. Please come and join us!

Dr. Man-kuen Cheung

Chairlady

Organizing Committee

Hong Kong Primary Care Conference 2011

Hong Kong Primary Care Conference 2011

“A New Frontier”

Full Paper Competition

(Submission Deadline: 31 March 2011, Thursday)

We cordially invite your participation in the Full Paper Competition of the HKPCC 2011. The Competition is a long-standing tradition of HKCFP for promoting and recognizing well-designed, innovative research, which bears potential to exert impact in clinical practice or development in the field of primary care.

The HKPCC 2011 Organizing Committee will invite renowned scholars to review the participating papers. Judges appointed by the Organizing Committee will determine the final awardees based on qualities of the papers.

The winner will be awarded the Best Research Paper Award, which will be presented at the opening ceremony of the HKPCC 2011. The winning team will also be featured in our college newsletter – Family Physicians Links (FP Links).

Awards

The **Best Research Paper Award** winner will receive **HK\$5,000** and a certificate.

Eligibility Requirements and Author Guidelines

To be eligible for participation in the full paper competition, **the first author of the paper must meet ALL of the following conditions:**

- (1) The author must register at the Conference;
- (2) The author completes the majority of the research and writing for the paper;
- (3) The author has not used the paper to apply for other awards.

The participating papers should be full-length articles. They should include a structured abstract of no more than 250 words. The text should contain between 2,000- 3,000 words, organized as INTRODUCTION, METHOD, RESULTS and DISCUSSION. It should consist of no more than 5 illustrations (tables/figures).

Electronic version is preferred. The full paper should be typed in 12 point size in Microsoft Word format.

Award Selection Criteria

Each paper will be evaluated against the following criteria:

1. Academic rigor of the paper (e.g. originality, methodology, organization and presentation)
2. Relevance to primary care (e.g. importance of the topic and the impact of the findings on the practice or development of primary care)

How to Submit

By Email – Attach the Full Paper with the completed “Full Paper Submission Form” and send to hkpcc@hkcfp.org.hk
IMPORTANT: Please download the Full Paper Submission Form from our College’s Website www.hkcfp.org.hk and submit the full paper with the form.

Submission Deadline

31 March 2011 (Thursday)

If you have any questions concerning the HKPCC 2011 Full Paper Competition, please do not hesitate to contact Mr. Patrick Wu or Ms. Teresa Liu, the HKPCC 2011 Secretariat, by phone at 2528 6618 or by email: hkpcc@hkcfp.org.hk.

We look forward to receiving your research articles!

Hong Kong Primary Care Conference 2011

“A NEW FRONTIER”

Abstract Submission Instructions

Abstract Format

- Electronic version is preferred. Abstracts should be typed in 12-point size in Microsoft Word format. Handwritten abstracts will not be accepted.
- The abstract must not exceed 250 words, and should be organized as follows: TITLE, AUTHOR(S), INTRODUCTION, METHOD, RESULTS and DISCUSSION. Commentaries and discussion papers need not follow the above format apart from the TITLE and AUTHOR(S).
- All presenting authors must register at the Conference.
- Authors' full names and affiliations must be specified. Surnames should be printed in bold.
- All abstracts must be submitted in either English or Chinese. All accepted abstracts must be presented in English.

How to Submit

By Email – Attach the abstract with the completed “Abstract Submission Form” and send to hkpcc@hkcfp.org.hk

IMPORTANT: Please download the Abstract Submission Form from our College's Website www.hkcfp.org.hk and submit the abstract with the form.

Please Note

- 1) The submitted abstract must not be identical to abstracts submitted to other conferences.
- 2) The Organizing Committee will have the right of final decision on the acceptance of an abstract.
- 3) Only **ONE** designated presenter can present an accepted abstract. Co-authors are welcome to register and attend the session.
- 4) Acknowledgement will be sent by email upon receipt.
- 5) If you have any questions concerning the abstract submission, please contact Mr. Patrick Wu or Ms. Teresa Liu, by phone at 2528 6618 or by email hkpcc@hkcfp.org.hk.
- 6) The deadline for abstract submission is **31 March 2011 (Thursday)**.

Hong Kong Primary Care Conference 2011

“A NEW FRONTIER”

ABSTRACT SUBMISSION FORM

Submission Deadline : 31 March 2011 (Thursday)

Personal Particulars of Presenting Author

Note: Presenting author must be registered author

Title: Prof. Dr. Mr. Mrs. Ms.

Name: (Last Name) _____ (First Name) _____

Name in Chinese (if applicable): _____

Organization: _____

Department/Unit: _____

Position: _____

Contact Address: _____

Telephone: _____

Fax: _____

E-mail address: _____

Abstract Details

Title of abstract: _____

Three key words which indicate the topic and specific content of the presentation:

_____, _____, _____

Mode of preferred presentation: Oral Poster Abstract published in the Conference brochure
 I give / do NOT give my consent for the abstract to be published in FP Links & College Website

Submission Method

Email: hkpcc@hkcfp.org.hk

(An acknowledgment email will be returned within 5 working days)

Please note:

- 1) The abstract should not exceed 250 words, and should be organized as follows:
 TITLE, AUTHOR(S), INTRODUCTION, METHOD, RESULTS, and DISCUSSION
 Handwritten abstracts will NOT be accepted.
- 2) The Organizing Committee will have the right of final decision on the acceptance of an abstract.
- 3) Please read the instructions for abstract submission before completing this form.

If you have any questions concerning abstract submission, please contact Mr. Patrick Wu or Ms. Teresa Liu, the HKPCC 2011 Secretariat, by phone at 2528 6618 or by Email: hkpcc@hkcfp.org.hk.

Message from the President

If a tree was planted in poor soil and environment thirty years ago, it would not grow robustly but might just struggle to exist. If the roots are sound and there are several strong primary branches with reasonable tree-tops, it can still look nice in a smaller scale. If HKCFP is a tree which will continue to grow and flourish, it will definitely need more sunshine and water which are the blessings from heaven over which one has no control. The most essential resource of equal importance is "new blood" from our members and fellows who are willing to contribute their time and energy in major activities of our College. All members and fellows are the roots of this tree which formed the foundation for everything to develop above the surface. Many of them are working behind the scene without proper recognition. I was most impressed in Cairns last month when I attended the Academic Session of the RACGP. They have presented many awards and honours to members and fellows in recognition of their services and contributions to College work. It reflects the depth of involvement from their core membership. If members and fellows are apathetic about College affairs and activities, the accolade will have no recipient. That is why the baton needs to be passed on with the lineup of dedicated members and fellows. This should not be exclusive to the President. It should also apply to different levels of leadership in various Committees, Boards and the Executives.

The President and Council members cannot run the College without the participation and contribution of the many members and fellows of our College. A typical occasion is the annual Conjoint Examination which was just completed smoothly. It is a concerted effort of over a hundred Fellows who have spent the Sunday as Examiners, and equally important is our team of Secretariat staff who have worked so hard for many weeks before the examination and on the big day. I truly enjoyed the atmosphere which showed teamwork, fraternity and solidarity.

Lastly, I must thank my Chief Censor Prof. Cindy LK Lam, Censors Dr. Stephen KS Foo and Prof. Donald KT Li for their valuable advice, and my Executives Drs. Peter HC Chan, Mary BL Kwong, Dorothy TC Law and Lau Ho Lim who shared a lot of the duties and assignments. I have to thank the Editorial Board of FP Links under Dr. Wendy Tsui and her team of Editors for editing my writing every month at the last minute. I have to thank all the Secretariat staff under Ms. Erica So, who served me and the College in the past two years. They have been very tolerant to my pressing style of completing the jobs in hand, and even managed to bear with my occasional temper outbursts when I was under stress. As always, my heart is with our College.

Dr. Gene W W Tsoi
President

Annual General Meeting & Annual Dinner

The HKCFP 33rd Annual General Meeting

Date:	4 th December 2010 (Saturday)
Time:	18:00
Venue:	Yat Tung Heen (Great Eagle Centre) 2/F, Great Eagle Centre, 23 Harbour Road, Wanchai, Hong Kong
Admission:	Members only

The HKCFP 33rd Annual Dinner

Date:	4 th December 2010 (Saturday)
Time:	19:00 Reception 19:30 Chinese-Style Dinner
Venue:	Yat Tung Heen (Great Eagle Centre) 2/F, Great Eagle Centre, 23 Harbour Road, Wanchai, Hong Kong
Admission:	Members and their families, free of charge
Car parking:	4/F-7/F, Great Eagle Centre Two-hour free parking would be available, and tickets would be collected during the dinner.
Registration:	Registration for Annual Dinner will be made on first-come-first-serve basis. Please reserve your seat via College Secretariat as soon as possible. (Tel: 2528 6618)

Board of Conjoint Examination News

The Board of Conjoint Examination is pleased to announce that the following candidates passed the 24th Conjoint HKCFP/RACGP Fellowship Examination (Written Segment) 2010.

Dr. Chan Hoi Ying Linda	Dr. Man Fung Yi
Dr. Chan Mei Tak	Dr. Poon Yung Yin
Dr. Chan Ngai Ping	Dr. Sakhrani Ponam
Dr. Cheuk Tat Sang	Dr. Sit Pui Ki Lolita
Dr. Cheung Chi Hong David	Dr. Sze Siu Lam Jason
Dr. Cheung Kin Wan Kelvin	Dr. Tam Yick Sin
Dr. Chiang Lap Kin	Dr. Tang Man Leung Thomas
Dr. Chim Shiu Cheung Michael	Dr. Tsang Ming Lam
Dr. Foo Bong Yin Kevin	Dr. Tsui Ka Chun
Dr. Ho Wing Man	Dr. Wong Chun Fai
Dr. Hsu Kwok Fai David	Dr. Wong Chun Pong
Dr. Hui Ka Fung	Dr. Wong Ka Ki David
Dr. Kwan Chun Man	Dr. Wong Sum Lok
Dr. Kwok Tsz Tik	Dr. Wong Wai On
Dr. Lai Pui Yan	Dr. Wu Xiao Qing
Dr. Lee Kam Pui	Dr. Yau Chi Fai
Dr. Lee Wing Po	Dr. Yeung Hoi Pun
Dr. Leung Hoi Lik Eric	Dr. Yeung Sze Wai
Dr. Leung Wing Mun	Dr. Yiu Yee Ki
Dr. Li Ming Yin	Dr. Yu Yee Tak Esther
Dr. Li Shun Hoi	Dr. Yuen Yeuk Ying

Congratulations to you all.

Dr. Chan Hung Chiu
Chairman, Board of Conjoint Examination

Board of Vocational Training and Standards News

Reminder: Submission of Annual Checklist for Basic Training

To all Basic Trainees,

Please be reminded that **ALL** basic trainees must submit the annual checklist to the Board of Vocational Training and Standards either by registered post **OR** in-person **ON OR BEFORE 31st January 2011 (Monday)**. Late submission will not be accepted.

The training experience of 2010 **WILL NOT** be accredited if the trainee fails to submit the checklist on or before the deadline.

Basic Training Subcommittee

BVTS

"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

For this month, from 15th November to 14th December, 2010, Dr. Ruby Lee and Dr. Lau Ho Lim will be the Council Members on duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments about anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.



Dr. Ruby Lee



Dr. Lau Ho Lim

Dr. Tony C K Lee
Co-ordinator, CMOD System

External Affairs Committee News

Report to HKCFP Council of "Shunde Symposium" in Shunde

A symposium organized by 順德區衛生和人口計劃生育局 and 順德區北滘醫院 was held on 26 September, 2010. Our College was invited to give 2 presentations in the symposium. The details of the symposium are as follows:

Date : 26 September 2010 (Sunday)

Time : 9am – 12am

Venue : 順德區北滘醫院

Speakers : 1) Dr. Gene Tsoi : 《香港基層醫療 – 過去、現在與將來》
2) Dr. Cheung Man Kuen : 《香港家庭醫師的培養、考核与准入》
3) 耿慶山醫生(廣東省衛生廳副廳長) : 《健康管理理論在社區醫療服務中的實踐》

There were around 150 participants at the symposium. They showed great interest in learning about the primary healthcare system in Hong Kong, the training of family medicine in Hong Kong, and the role and functions of the Hong Kong College of Family Physicians. They asked quite a number of questions and there was a lot of discussion. The audience were interested in the structure of family medicine training, the public and private health sectors, and the organization of primary care in Hong Kong.

One of the objectives of the symposium, which is providing an opportunity for Shunde healthcare officials and representatives from the Hong Kong College of Family Physicians to share their experience and difficulties in training Family Doctors was achieved. There was successful relationship building between Shunde healthcare officials and our College.



Exchange of souvenir after the seminar with Deputy Director General, Department of Health of Guangdong Province and Mr. Andrew Lau of The Shunde Min Yuen Tong of Hong Kong



Group photo at the lunch reception with healthcare officials of Shunde District

Membership Committee News

1. The Council approved, on recommendation of the Membership Committee Chairman, the following applications for membership in **October 2010** with Council Meeting:

Associate Membership (New Application)

Dr. CHAN Chi Wai, Nixon	陳志偉
Dr. POON Man Kay	潘文基

2. The Council approved, on recommendation of the Membership Committee Chairman, the following names will be suspended from the member list in **October 2010** Council Meeting:

Associate Membership

Dr. AU Kin Chung, Brian	Dr. LAU Wing See
Dr. BILLINGHAM Julia Dorothy	Dr. LEE Tat Nin
Dr. CHAN Chi Shing, Andy	Dr. LEUNG Wai Suen
Dr. CHAN Kwing Wing	Dr. LEUNG Wai Ying, Amy
Dr. CHAN Yin Fat	Dr. LEUNG Yuen Ling Erica
Dr. CHENG Leung Li, Nanley	Dr. MAK Hay Wo, Howard
Dr. CHENG Oi Ching	Dr. MUI Chun Yue
Dr. CHEUNG Chun Kit	Dr. PANG Chi Tak
Dr. CHIU Man Kuen, Martin	Dr. SETO Jacinth Theo
Dr. CHUNG Kin Nam, Edmond	Dr. SHUM Nam Chu
Dr. CHUNG Ling Hung	Dr. SUN Xiao Ling
Dr. HO Tat Chi, Arthur	Dr. TANG Suk Ying
Dr. HUI Ka Wah, Ronnie	Dr. TSE Chui Ting
Dr. HUNG Cheng Fang	Dr. TSOI Kwei Sang, Karl
Dr. HUNG Gi Kay Zita	Dr. WONG Kwok Tung
Dr. IP Muk Fai	Dr. WONG Yue Ming
Dr. IP Wing Fai	Dr. WONG Yuen Hon
Dr. KWAN Ka Lik	Dr. WU Hiu Lam, Helen
Dr. LAM Siu Ying, Anita	Dr. WU Zhi Wei
Dr. LAU Hon Pang	Dr. YU Jacman
Dr. LAU Pak Wai	Dr. YUEN Wai Chi
Dr. LAU Wing Kong	

Fellowship

Dr. KWONG Kin Chung, William
Dr. LAM Hing

Full Membership

Dr. CHAN Chi Hung, David
Dr. CHAO Pee Soon @ Aung Khin
Dr. MYINT Swe
Dr. YUE Ping Hoi

Non-HKSAR Fellowship

Dr. LEUNG Yuen Lun
Dr. YUEN Keng Hong, Peter

Non-HKSAR Membership

Dr. FERNANDO Elizabeth
Dr. FERNANDO Merlyn Edward

Student Membership

Ms. CHEUNG Tin Yan, Elaine
Mr. HUE Siu Man

House Management Committee News

Dear Members,

Re-open of Wan Chai Secretariat

We take great pleasure in informing you that, the College Secretariat in the Duke of Windsor Social Service Building in Wanchai, after the renovation for 2 months, is ready from 10 November 2010.

Thanks for your cooperation in the past 2 months.

Staff Movement

Ms. Charlotte Sham has resigned from her position as Senior Administrative Executive of the Board of Education and Board of Diploma of Family Medicine, while Ms. Priscilla Li has resigned from her position as General Assistant for Membership Committee and Finance Committee.

The College appreciates their fine and dedicated contribution. We would like to extend our most sincere thanks to Charlotte and Priscilla, and wish them all the best in their new career prospect.

Thanks,

House Management Committee



Front row (from left to right) : Dr. Gene Tsoi, Charlotte Sham, Dr. Mary Kwong
Back row (from left to right) : Patrick Wu, Teresa Liu, Windy Lau, Erica So, Crystal Yung, Angel Cheung, Priscilla Li, Carmen Cheng, Teresa Lee, Peter Wong, Winniea Lee, Snowdy Lee, Dickie Lam

Classified Advertisements

Positions Vacant

Haven of Hope Christian Service invites applications for full-time Family Physician. Basic salary plus variable pay. Interested parties please send e-mail to se@hohcs.org.hk or contact Ms. Liu by phone at 2703 3230.

Energetic doctors wanted in general practice on full-time & part-time basis. Clinical support. Attractive basic salary plus bonus. Potential partnership. Please contact Dr. LI at 9662 3540 or ycmc_ho@yahoo.com

Full-time GP/ Locum/ Various Specialists/ Partnership wanted. 九龍商場舖, Welcome Joint Investment. Basic + Bonus + Excellent Prospect.

Dr. Kam 3165 1460 profgp2004@yahoo.com.hk

Full time GP wanted at FM-orientated clinic at Tung Chung. High basic, generous profit sharing and potential partnership. Fresh and experienced doctors are welcome. Please send CV by fax (2638 9456) or e-mail (anthonywllam@yahoo.com.hk) to Dr. Lam (UNSW).

Half-time Physician in the University Health Service, The University of Hong Kong

Half-time Physician required on a two-year contract basis from as soon as possible with prospect of renewal.

Qualifications: medical doctor registrable with the Hong Kong Medical Council, at least 4 years' post-registration experience. Training experience and higher qualification in Family Medicine preferred.

Enquiries and application forms: Tel: Mrs. Christina Chan 2859 2500 or Email: uhealth@hkusua.hku.hk

Clinic Available

24HRS G/F Clinic near North Point MTR Station, spacious, modern furnished with computerization for rental/take-over, walk-in-and-practice for ambitious doctors at good Bargain Price. Contact Ms. Amy Chan 9212 6654.

Board of Diploma in Family Medicine (DFM)

Dates : 4 & 11 December, 2010 (Saturdays)

Topics and Speakers :

Dates	Topics	Speakers
4 December	Module III Introduction to Family Therapy	Dr. Daniel W. S. Chu
11 December	Module V Musculoskeletal Workshop	Mr. Luck Li

Co-ordinators : Dr. Au-yeung Shiu Hing and Dr. Wong Pak Hoi
Members, The Board of Diploma in Family Medicine, HKCFP

Venue : 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong

Time : 2:15pm – 5:00pm Lecture and Discussion

Accreditation : 3 CME Points HKCFP (Category 4.3)
 3 CME Points MCHK

Registration Fees (*Please tick as appropriate*):

Topics	HKCFP Member	Non-member
Module III Introduction to Family Therapy	<input type="checkbox"/> HK\$200.00	<input type="checkbox"/> HK\$400.00
Module V Musculoskeletal Workshop	<input type="checkbox"/> HK\$400.00	<input type="checkbox"/> HK\$800.00

Capacity : 20 Doctors

Registration : Registration will be first come first served. For registration or any enquiry, please call the College secretariat, Ms Dickie Lam at 2861 0220. All cheques are payable to "HKCFP Education Ltd". Please mail the cheque to Rm 701, 7/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK. All fees received are non-refundable and non-transferable.

To : HKCFP, Rm 701, 7/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK. (Fax: 2866 0981)

Dear Sir/ Madam,

I am a *Member/ Non-Member of the Hong Kong College of Family Physicians. (**Please delete as appropriate*)

I would like to attend **Module III or/and Module V** at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

Name : _____

Tel No. : _____

Email : _____

Date : _____

GP 10 Cairns Trip

Dr. Vicky Wong, Basic Trainee, Hong Kong West Cluster



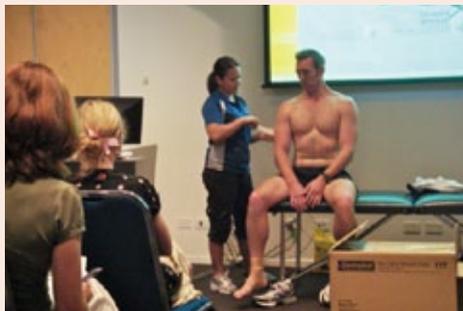
Cairns Convention Centre

GP 10 is the combined national conference held by the Royal Australian College of General Practitioners and the Australian Association of Practice Managers Ltd annually in Australia. This year, the conference was held at Cairns Convention Centre from 6th to 9th October 2010 and I am very grateful to have the opportunity to join this meaningful event.

The theme of the conference was 'Shape the Future of Multidisciplinary Healthcare Teams'. The conference focused on several areas, including sports medicine, health promotion, the business of medicine, and practical tips for students and registrars.



Health Exhibition Booths in the Conference



Live demonstration on sports strapping in the sports medicine workshop

The conference consisted of many different lectures and workshops and the ones I attended were very useful and practical. For example, there were lectures on sports strapping, hip and groin injuries, and knee injuries. All of these lectures included talks given by experienced sports physicians, as well as live demonstrations on proper physical examination techniques, and also hand-on experience (we practiced skills on each other among the audience, even though we had only known each other two minutes before starting the lectures!).

At the conference, I had the honour of meeting Professor John Murtagh (the author of John Murtagh's General Practice)! Professor Murtagh is now living and teaching in Melbourne and he travelled to Cairns this time to give a lecture entitled 'A lifetime journey of cautionary tales and practice tips'. Professor Murtagh shared with us many practical and funny experiences during his practice as a general practitioner. I had learnt a lot.

Besides all these learning activities, I don't need to tell you how enjoyable the 'extra-curricular activities' were in Cairns, one of the most beautiful cities I have ever been to. ☺



Meeting Prof. John Murtagh



Cuddling the koala



Feeding the kangaroo



At the Great Barrier Reef



Cable car ride

European Medicines Agency recommends use of fibrates as second-line treatment

On 25 October 2010, the Department of Health issued a letter to healthcare professionals entitled "EMA recommends use of fibrates as second-line treatment"¹.

Why was such a statement from The European Medicines Agency's Committee for Medicinal Products for Human Use (CHMP) released?

Fibric acid derivatives (fibrates) were first subject to a Europe-wide review in 2005, when the CHMP's Pharmacovigilance Working Party reviewed their benefits and risks because of limited evidence of their long-term benefits in reducing cardiovascular risks. At that time the Working Party concluded that these medicines continued to have a place in the treatment of lipid disorders but should not be used as first-line treatment.

The current review by the CHMP was initiated at the request of the United Kingdom, because a number of marketing authorisation holders of the four fibrates had questioned the conclusions of the Pharmacovigilance Working Party. The UK therefore referred the matter to the CHMP for adoption of a Europe-wide recommendation on whether the existing marketing authorisations should be maintained or changed.

The Committee confirmed the conclusion of the Pharmacovigilance Working Party and recommended that fibrate-containing medicines should not be used as first-line treatment, except in patients with severe hypertriglyceridaemia and in patients who cannot use statins. For fenofibrate, the Committee noted additional new data and recommended that it can also be used together with a statin in some circumstances, for instance when a statin on its own cannot adequately control blood lipid levels.

The CHMP has concluded that the benefits of the four fibrates bezafibrate, ciprofibrate, fenofibrate and gemfibrozil continue to outweigh their risks in the treatment of patients with blood lipid disorders. However, doctors should not prescribe them to newly-diagnosed patients with blood lipid disorders as first-line treatment, except for patients with severe hypertriglyceridaemia or patients who cannot take statins².

Fibrates are a class of medication that lower blood triglyceride (TG) levels. They lower TG levels by reducing the hepatic production of VLDL, the TG-carrying particle that circulates in the blood, and by speeding up the removal of TG from the circulation. Fibrates are also modestly effective in increasing blood HDL cholesterol (HDL-C) levels, however they are not effective in lowering LDL cholesterol (LDL-C). Therefore, they are used less often than other drugs in patients with heart disease, for whom LDL-C lowering is the main goal of treatment.

According to ACCORD trial early this year, adding fenofibrate to standard statin therapy did not reduce major adverse cardiovascular events in a high-risk diabetes population (2.24% versus 2.41% per year, HR 0.92, $P=0.32$)³.

However, there was a subset of patients who appeared to benefit. ACCORD participants with TG over 2.3 mmol/L and HDL-C of 1.0 mmol/L or less tended to have a reduction in major adverse cardiovascular events with fenofibrate compared with statin therapy alone (12.4% versus 17.3%).

Gemfibrozil (brand name Lopid), is the fibrate most widely used in Hong Kong and is generally well tolerated by most patients. Contraindications to its use include severe hepatic or renal dysfunction, and pre-existing gallbladder disease. Common side effects include gastrointestinal problems, rash, vertigo and fatigue. Rare but serious adverse effects include rhabdomyolysis, thrombocytopenia and seizures. Moreover, some medications have been found to have interactions with Lopid.

Recommendations have been proposed for the management of abnormal TG, along with guidance on the appropriate use of fibrates⁴. At TG levels between 2.2-5.6mmol/L, treatment with fibrates should be initiated if patients are at high risk. Otherwise one should only start fibrate use when levels are greater than 5.6mmol/L. Please noted that TG >11.3mmol/L is associated with an increased incidence of acute pancreatitis (up to 21%); in these cases fibrates may reduce TG and thereby prevent pancreatitis.

For patients with borderline high or high triglycerides, the primary aim of therapy is to achieve the target goal for LDL-C. When triglycerides are borderline high, emphasis should be placed on weight reduction and increased physical activity and pharmacological therapy need only be considered for very high TG levels.

Compiled by Dr. Sze Hon Ho, Specialist in Family Medicine

References:

1. Letter to Healthcare Professionals. EMA recommends use of fibrates as second-line treatment. Department of Health 25 Oct 2010.
2. European Medicines Agency recommends use of fibrates as second-line treatment. Press release by European Medicines Agency. 22 Oct 2010. Available from: http://www.ema.europa.eu/ema/index.jsp?curl=pages/news_and_events/news/2010/10/news_detail_001135.jsp&url=menus/news_and_events/news_and_events.jsp&mid=WCOB01ac058004d5c1&jsenabled=true
3. Effects of Combination Lipid Therapy in Type 2 Diabetes Mellitus. The ACCORD Study Group. *N Engl J Med* 2010; 362:1563-1574.
4. Executive summary of the third report of the national cholesterol education program (NCEP) expert panel on detection, evaluation, and treatment of high blood cholesterol in adults (Adult Treatment Panel III), *JAMA* 2001;285:2486-2497.



兩道選擇題

上課了。老教授面帶微笑，走進教室，對同學們說：「我受一家機構委託，來做一項問卷調查，請同學們幫個忙。」一聽這話，教室裡輕微的一陣議論：問卷？比上課有趣多了。問卷表發下來，同學們一看，只有兩道題。

- 1、 他很愛她。她細細的瓜子臉，彎彎的娥眉，面色白皙，美麗動人。可是有一天，她不幸遇上了車禍，痊癒後，臉上留下幾道大大的醜陋疤痕。你覺得，他會一如既往地愛她嗎？
 - A、他一定會
 - B、他一定不會
 - C、他可能會

- 2、 她很愛他。他是商界的精英，儒雅沉穩，敢打敢拼。忽然有一天，他破產了。你覺得，她還會像以前一樣愛他嗎？
 - A、她一定會
 - B、她一定不會
 - C、她可能會

一會兒，同學們就做好了。問卷收上來，教授一統計，發現：第一題有10%的同學選A，10%的同學選B，80%的同學選C。第二題呢，30%的同學選了A，30%的同學選B，40%的同學選C。「看來，美女毀容比男人破產，更讓人不能容忍啊。」教授笑了，「做這兩題時，潛意識裡，你們是不是把他和她當成了戀人關係？」

「是啊。」同學們答得很整齊。

「可是，題目本身並沒有說他和她是戀人關係啊？」教授似有深意地看著大家，「現在，我們來假設一下，如果，第一題中的『他』是『她』的父親，第二題中的『她』是『他』的母親。讓你把這兩道題重新做一遍，你還會堅持原來的選擇嗎？」

問卷再次發到同學們的手中，教室裡忽然變得非常寧靜，一張張年青的面龐變得凝重而深沉。幾分鐘後，問卷收了上來，教授再一統計，兩道題，同學們都100%地選了A。教授的語調深沉而動情：「這個世界上，有一種愛，互古綿長，無私無求；不因季節更替。不因名利浮沉，這就是父母的愛啊！」

<http://ge.dyu.edu.tw/981lang9/?p=429>

(本欄資料由 心靈綠洲-個人成長及危機處理中心 提供，特此鳴謝。)

The HKCFP Award for the Best Research of 2010

The Research Committee of the Hong Kong College of Family Physicians has an Award for the Best Research of the Year 2010. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award would be presented at the Conferment Ceremony in 2011.

Entry and assessment criteria are listed below:

Entry Criteria:

- 1. The principal investigator has to be a member or fellow of the Hong Kong College of Family Physicians.*
- 2. The research must be original work of the investigator(s).*
- 3. The research should be done in Hong Kong.*
- 4. The research must have been completed.*
- 5. The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Harvard or Vancouver format.*

Assessment Criteria:

- 1. How relevant are the topic and finding to Family Practice?*
- 2. How original is the research?*
- 3. How well designed is the methodology?*
- 4. How well are the results analysed and presented?*
- 5. How appropriate are the discussion and conclusion(s) drawn?*
- 6. How useful are the results for patient care in Family Practice?*
- 7. How much effort is required?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission to: Research Committee, HKCFP, Rm. 802, 8/F., Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

DEADLINE OF SUBMISSION: 31st January, 2011.

HKCFP Research Fellowship 2011

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in family medicine. The grant is up to the value of HK\$100,000. It provides the successful candidate with protected time to develop research skills. Applicants are expected to have regular contact with a nominated supervisor with **research doctorate degree or equivalent**.

Eligibility

Applicants for the HKCFP Research Fellowship must be active fellows, active full members or associate members of the HKCFP. New and emerging researchers are particularly encouraged to apply.

Selection criteria

Applications will be judged on*:

- training potential of applicants
- relevance to family medicine and community health
- quality
- value for money
- completeness (incomplete or late applications will not be assessed further).

** Please note that new researchers and those at an early stage of their research careers are encouraged to apply.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong. Tel: 2861 0220 Fax: 2866 0981
2. Applicants must submit:
 - the completed application form,
 - the signed terms and conditions of the HKCFP Research Fellowship,
 - a curriculum vitae from the principle investigator,
 - a curriculum vitae from the co-investigator(s), AND
 - a curriculum vitae from the supervisor.
3. Applications close: March 31, 2011. Late applications will not be accepted.
4. Applications must be sent to Chairman, Research Committee, The Hong Kong College of Family Physicians, Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

Interest Group in Mental Health & Psychiatry in Primary Care – the 24th Meeting on 2nd Oct 2010

Dr. Mark S. H. Chan (Co-ordinator)
Board of Education

The 24th Interest Group in Mental Health & Psychiatry in Primary Care Meeting was held on 2nd October 2010. Dr. Lam Wing Wo is the guest speaker.

Applying Sex Therapy in Family Practice

Speaker: Dr. Lam Wing Wo, Family Physician in Private Practice

Moderator: Dr. Mark S. H. Chan

Being a Council member and Chairman of the Public Education Committee, Dr. Lam Wing Wo Edmund is a well known figure of the College. Dr. Lam graduated from University of Hong Kong and had his residency at Queen Mary Hospital. Edmund excels in all the postgraduate courses and fellowship examinations. He is honorary teaching staff of the University of Hong Kong and immediate past chairman of the Hong Kong Community Psychological Medicine Association. He is currently studying a master degree in the Family Institute, University of Hong Kong.

Learning points:

Dr. Lam started with the common problems encountered in approaching sex issues, and the important point being knowing your values and biases. A timely reminder of Sexual Cycle dysfunctions (Kaplan, 1979) includes Sexual Dysfunction, Desire Phase Dysfunction, Arousal Phase Dysfunction and Orgasmic Phase Dysfunction. Other Sexual Dysfunction includes Compulsive Behaviours and Gender Identity Struggles.

In a study with some 4,000 Men and Women participated, it was found that:

1. 66% of men and 69% of women in HK are not very satisfied with sex (regional 57% men and 64% women).
2. Greater satisfaction with sex is strongly associated with greater satisfaction with life overall and with important life priorities.
3. For men and women greater satisfaction with erection hardness is linked to greater satisfaction with sex, all aspects of the sexual experience, love & romance, family life, and the role as spouse/partner.

It was concluded that satisfaction with sex translates into satisfaction with many important

aspects of life and relationships, as well as better self-image and overall physical and mental wellbeing.

What is Sex Therapy? (Masters & Johnson)

Sex therapy is a combination of counseling, cognitive-behavioral interventions and treatment of concomitant psychiatric conditions such as depression and anxiety disorders.

It involved a graduated series of weekly sessions of behavioural exercises lasting 5 to 20 of 1 hour per session. The therapy involves reading books about sexuality, graduated series of behavioural exercises, practicing better sexual communication skills, follow-up sessions with assessment of progress and home assignment.

Sex Therapist

According to the American Association of Sexuality Educators, Counselors and Therapists (AASECT), a Certified sex therapists "are mental health professionals, trained to provide in-depth psychotherapy, who have specialized training in treating clients with sexual issues and concerns." They handle both "simple sexual concerns" and "are prepared to provide comprehensive and extensive psychotherapy over an extended period of time in more complex cases."

Tips on Promoting sexual health in Family Practice

- **Routine screening questions**
- **Be sensitive and non-judgemental**
- **Move from the more general to specific topics**
- **Confidentiality**

Eg "I ask these questions to all of my patients regardless of age or marital status and they are just as important as other questions about your physical and mental health."

"Sex is an important indicator of health. How's your sex life?"

"Have there been any changes in your sex life?"

"Is there anything you would like to change about your sex life?"

The PLISSIT model is a model pioneered by American psychologist **Jack Annon** (1929-2005).

Most people with sexual problems do not need an intensive course of therapy. **Four basic forms of sex therapy** include Permission, Limited Information, Specific Suggestions, and Intensive Therapy.

Conclusion

Family doctors can be key workers to promote sexual health and to detect sex problems. Training should be provided to equip family doctors in taking sexual history tactfully while attending to the professional boundaries.

The PLISSIT model can be a simple reference for family doctors to handle different sex problems. Many sex problems are resulted from sexual inhibition and ignorance and can be effectively treated by family doctors.

For more complicated problems, family doctors should refer and collaborate with different professionals such as Sex therapist, Psychiatrist, Family Therapist and Gynaecologist.

References

1. Masters W, Johnson V. *Human Sexual Inadequacy*. Boston, MA, Little Brown 1970.
2. Kaplan HS. *The New Sex Therapy*. New York, Brunner/Mazel 1974.
3. Jack Annon, "Behavioral Treatment of Sexual Problems", 2 vols., Harper & Row - Medical Department, 1976.
4. Hawton K. *Sex Therapy - a practical guide*. Oxford: Oxford Medical Pub 1985.

Assessment of sexual problems

Should include the following

1. Define the problem(s): details of the complaint (nature, onset, progression, duration, intensity, triggers), primary vs secondary, global vs situational
2. Exclude organic causes
3. Previous treatments received and the responses
4. Past medical history, drug history including alcohol, cigarettes, cocaine, etc
5. Detailed sexual history: e.g. key relationship, puberty, sexual education, sexual orientation, masturbation, previous and current sexual practice
6. Idea and concern of the problem; expectation and motivation for therapy

7. Marital and Family relationship (dynamics, structure), in-law relationship, family of origin
8. Work, finance
9. Culture and religious belief
10. Developmental history, upbringing, relationship with previous partners if any, any trauma / abuse
11. Living environment
12. Focused physical examination and mental state examination

The meeting was attended by 40 members and concluded with interesting practical discussion on the sex therapy in family practice.

Next meeting

The next meeting will be on Saturday 4th December, 2010. The Guest speaker is Dr. Sam Ng, Clinical Psychologist and Cluster Coordinator, Nethersole Hospital. The Theme will be Depression and Anxiety Counseling Skills.

All members of the College are welcome and encouraged to present their cases and problems for discussions or role play. (Please contact our secretary at 28610220 two weeks beforehand for speakers to review the information). Again, those who are experienced can share, while less experienced ones can benefit from participation. Our goal is to enhance our practical skills, promote early awareness and better management of mental health problems in our community.



Dr. Lam Wing Wo and Dr. Mark Chan (from left to right)

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the scientific meeting.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

30th Annual Refresher Course 2010

*** Final Announcement ***

The 30th Annual Refresher Course (ARC) will be held from November 21, 2010 to December 12, 2010. There will be five Luncheon Lectures and four Workshops.

2 CME points will be awarded for each Luncheon Lecture and 3 CME points for each Workshop according to Category 4.5. MCQs will be distributed for each session of the Refresher Course, i.e. there are a total of 9 MCQ papers. The MCQ answers have to be returned to the College Secretariat on the original question forms within 2 weeks of the completion of the Refresher Course (latest by December 31, 2010). A member will be awarded 1 extra CME point for a score of over 60% for each MCQ paper. Up to 2 CPD points (Continuous Professional Development) will also be awarded for each session (subject to submission of satisfactory report of Professional Development Log); a maximum of two points can be scored for each session.

As it is a history for such an educational program to be held continuously for quarter a century in Hong Kong, those who have attended 70% or more of all the sessions of the Refresher Course will be awarded a "Certificate of Attendance".

Members who have attended the ARC ten consecutive years or more will be awarded one free admission. Subsequently, members can enjoy another free admission after every five consecutive years of paid ARC attendance.

Registration is now open. As the number of space is limited, it will be offered on first come first served basis. Please also note that admission fees are not refundable. Ten free registrations for each Lecture and Workshop will be offered to student members who wish to apply for free registration, please call Ms. Dickie Lam at 2861 0220.

Registration form could be found on Page 23.

Luncheon Lectures

Date	November 23 (Tue)
Topic	<u>Vaccination</u> Treatment and Prevention of Pneumococcal Infection in Children
Speaker	Dr. Ng Kwok Keung, Daniel
Moderator	Dr. Au-yeung Shiu Hing
Sponsor	<i>Pfizer Corporation Hong Kong Limited</i>

Date	November 25 (Thur)
Topics	<u>Cardio-thoracic</u> 1. Impact of Early Disease Detection on the Prevention of Heart Disease and Stroke 2. Minimal Invasive Surgery for Lung Cancer
Speakers	Dr. Mak Yiu Kwong, Gary Dr. Chui Wing Hung
Moderator	Dr. Ma Ping Kwan
Sponsors	<i>AstraZeneca Hong Kong Limited and Covidien, Tyco Healthcare (HKSAR) Ltd.</i>

Date	November 30 (Tue)
Topics	<u>Gastroenterology and Nephrology</u> 1. Updates on Management of GERD and H. P. Eradication 2. RAS Blockade and Organ Protection
Speakers	Dr. Cheung Ting Kin Dr. Leung Tat Chi, Godwin
Moderator	Dr. Au Chi Lap
Sponsor	<i>Takeda Pharmaceuticals Taiwan, Limited Hong Kong Branch</i>

Date	December 02 (Thur)
Topic	<u>Cardiology</u> Multi-risk Factors Approach to Address the 70% Residual CV Risk of your Statins Treated Patients
Speaker	Dr. Cheng Chun Ho
Moderator	Dr. Au-yeung Shiu Hing
Sponsor	<i>Abbott Laboratories Limited</i>

Date	December 07 (Tue)
Topic	<u>Asthma</u> Update in the Management of Asthma
Speaker	Dr. Grace Law
Moderator	Dr. Tong Siu Man
Sponsor	<i>GlaxoSmithKline Limited</i>

Venue	:	Crystal Ballroom, Basement 3, Holiday Inn Golden Mile Hotel, 50 Nathan Road, Tsimshatsui, Kowloon
Time	:	1:00 p.m. – 2:15 p.m. Buffet Lunch 2:15 p.m. – 3:30 p.m. Lecture 3:30 p.m. – 3:45 p.m. Discussion

Sunday Workshops

Date	November 21 (Sun)
Topics	<u>Cardiovascular Workshop</u> 1. Optimize Hypertension Treatment in Daily Practice 2. Rationale in Reducing Complications in Acute Coronary Syndrome
Speakers	Dr. Wu Chee Wo Dr. David C. K. Hu
Moderator	Dr. Francis W. T. Lee
Sponsor	<i>Pfizer Corporation Hong Kong Limited</i>

Date	November 28 (Sun)
Topics	<u>Mental Health Workshop</u> 1. The Challenge of Improving Adherence in Depressive Patients 2. New Era in Managing GAD
Speakers	Dr. Cindy Chiu Dr. Kwan Ka Lik
Moderator	Dr. Chan Chi Wai
Sponsor	<i>Pfizer Corporation Hong Kong Limited</i>

Date	December 05 (Sun)
Topics	Mood Disorder Workshop 1. Sleep, Circadian Rhythm and Depression 2. HKU Visiting Professor – Doctor Mental Health 3. Review of Treatment to Depression
Speakers	Professor Chen Char Nie Professor Amanda Howe Dr. Richard Fung
Moderator	Dr. Yeung To Ling
Sponsor	Servier Hong Kong Limited

Date	December 12 (Sun)
Topics	Hepatitis and Urology Workshop 1. Stopping Antiviral Drugs – Who and When 2. Managing Benign Prostatic Hyperplasia in Primary Care Practice
Speakers	Professor Chan Lik Yuen Dr. Man Chi Wai
Moderator	Dr. Chan Yin Hang
Sponsor	GlaxoSmithKline Limited

Venue : Crystal Ballroom, Basement 3,
Holiday Inn Golden Mile Hotel,
50 Nathan Road, Tsimshatsui, Kowloon

Time : 1:00 p.m. – 2:15 p.m. Buffet Lunch
2:15 p.m. – 4:15 p.m. Lectures
4:15 p.m. – 4:45 p.m. Discussion

Registration Fees

Registration fees for the whole Refresher Course (including five Luncheon Lectures and four Workshops) are:

Members	:	HK\$600.00
Non-members	:	HK\$1200.00
HKAM Registrant	:	HK\$700.00

Spot admission fee for each Luncheon Lecture or Workshop is:

Members	:	HK\$150.00
Non-members	:	HK\$300.00
HKAM Registrant	:	HK\$200.00

FM Trainees Package:

Full Course	:	HK\$400.00
Sunday Workshops	:	HK\$150.00 for 4 Workshops
Luncheon lecture	:	HK\$80.00 each

Remarks: Topics may be subject to change.
Lecture(s)/ Workshop(s) will be conducted in English.

4 December 2010 Saturday

Board of Education Interest Group in Mental Health and Psychiatry in Primary Care

Aim	To form a regular platform for sharing and developing knowledge and skills in the management of mental health
Theme	Depression and Anxiety Management
Speaker	Dr. Ng Kwai Sang, Sam Department of Clinical Psychology, Alice Ho Miu Ling Nethersole Hospital
Co-ordinator & Chairman	Dr. Chan Suen Ho, Mark The Hong Kong College of Family Physicians

Time	1:00 p.m. – 2:15 p.m. Lunch 2:15 p.m. – 4:00 p.m. Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Admission Fee	Members Free Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00 All fees received are non-refundable and non-transferable.
Accreditation	2 CME Points HKCFP (Cat. 4.3) 2 CPD Points HKCFP (Cat. 3.15) 2 CME Points MCHK
Language	Lecture will be conducted in English and Cantonese.
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.

Sponsored by
Servier Hong Kong Limited

9 December 2010 Thursday

Updates on Cervical Cancer Vaccination

Topics and Speakers:

- 1. Targeting a Challenging Virus - HPV**
Professor David Allen
Gynaecological Oncologist from Melbourne, Australia
President of the Australian Society of Colposcopy and Cervical Pathology
- 2. The Impact of Cervical Cancer Vaccination: Benefit to Girls and Women in Clinical Practice**
Dr. Chan Kwok Wai
Adjunct Associate Professor,
Department of Community and Family Medicine,
The Chinese University of Hong Kong.
- 3. Role of Primary Care Physicians in Cervical Cancer Prevention**
Dr. Chan Kwok Wai
Adjunct Associate Professor,
Department of Community and Family Medicine,
The Chinese University of Hong Kong.

Chairman	Dr. Yeung To Ling The Hong Kong College of Family Physicians
Time	1:00 p.m. – 2:00 p.m. Buffet Lunch 2:00 p.m. – 3:30 p.m. Lectures & Discussion
Venue	Star Room, Level 42, Langham Place Hotel, 555 Shanghai Street, Mongkok, Kowloon
Admission Fee	Members Free Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00 All fees received are non-refundable and non-transferable.
Accreditation	2 CME Points HKCFP (Cat. 4.3) 2 CME Points MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.

Sponsored by
GlaxoSmithKline Limited

15 December 2010 Wednesday

Topic and Speaker:

Maximizing Alzheimer's Disease Treatment

Professor Vincent C. T. Mok
Associate Professor, Specialist in Neurology,
Department of Medicine and Therapeutics,
Prince of Wales Hospital,
The Chinese University of Hong Kong

Chairman	Dr. Au Chi Lap The Hong Kong College of Family Physicians
Time	1:00 p.m. – 2:15 p.m. Buffet Lunch 2:15 p.m. – 3:45 p.m. Lecture & Discussion
Venue	The Ballroom, 2/F, Langham Hotel, 8 Peking Road, Tsimshatsui, Kowloon
Admission Fee	Members Free Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00 All fees received are non-refundable and non-transferable.
Accreditation	2 CME Points HKCFP (Cat. 4.3) 2 CME Points MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.

Sponsored by
Novartis Pharmaceuticals (HK) Limited

18 December 2010 Saturday

Topic and Speaker:

Type 2 DM and Insulin Management

Dr. Tsang Man Wo
Consultant Diabetes Team, United Christian Hospital

Co-organizers	Hong Kong Medical Association Kowloon East Community Network (KECN), The Hong Kong College of Family Physicians (HKCFP) & United Christian Hospital (UCH)
Chairman	Dr. Danny Ma The Hong Kong College of Family Physicians
Time	1:00 p.m. – 2:00 p.m. Buffet Lunch 2:00 p.m. – 4:30 p.m. Lectures & Discussion
Venue	Crystal Ballroom, 2/F, Cityview Hotel, 23 Waterloo Road, Kowloon
Capacity	60 Doctors
Admission Fee	Members Free Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00 All fees received are non-refundable and non-transferable.
Accreditation	3 CME Points HKCFP (Cat. 4.4) 3 CME Points MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.

Sponsored by
Novo Nordisk Hong Kong Ltd.

Monthly Video Viewing Session –

Monthly video viewing session will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

November's session:

Date	26 November, 2010 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	Advances in Diagnosis & Management of Rheumatic Diseases: RA, Ankylosing Spondylitis, SLE & Fibromyalgia – Dr. Tsui Hing Sum
Admission	Free for Members
Accreditation	1 CME Point HKCFP (Cat. 4.2) 1 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Community Education Programmes

Open and free to all members

HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
11 December 2010 (Sat) 2:30 – 4:30 p.m. 2 CME points	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital	Refresher Course for Health Care Providers 2010/2011 – Office Orthopaedics Dr. Mak Kan Hing Our Lady of Maryknoll Hospital & Hong Kong Medical Association	Ms. Clara Tsang Tel.: 2354 2440 Fax: 2327 6852

Structured Education Programmes

Free to members

HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
17 Nov 10 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Role of Pharmacist Dr. Li Shun Hoi	Ms Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Common Symptoms in Medicine and Geriatrics Dr. Yung Yin Ying and Dr. Lee Hung Fai	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Handling Complaint Cases Dr. Chou Chun Sing, Stephen	Ms. Man Chan Tel: 2589 2337
18 Nov 10 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Eye Injuries and Ocular Emergency Dr. Wilson Tang	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Elderly Psychological Problems Dr. So Chi Kin	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Medical Misconduct & Negligence Dr. Mak Wing Hang	Ms. Kwong Tel: 2595 6941
24 Nov 10 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	DM and Mental Illness Dr. Leung Hoi Lik	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	1. Practical Procedures in Clinic Setting Dr. Kwan Sze Sing 2. Low Vision Assessment and Management Ms. Victoria Law	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Cardiovascular Disease – Recent Successes and Challenges Dr. Peter Lin	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	Application of Ethics in Daily Consultation Dr. So Fong Tat	Ms. Susanna Tong Tel: 2632 3480
25 Nov 10 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	1. Practical Procedures in Clinic Setting Dr. Leung Yuen Kin, Kenneth 2. Low Vision Assessment and Management Ms. Victoria Law	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Smoking Cessation in Primary Care Dr. Sze Siu Lam	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Community Resources for Psychiatric Patients Dr. Lee Wing Po	Ms. Kwong Tel: 2595 6941
1 Dec 10 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Video Session Dr. Wong Chun Fai	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	O&G Emergency in General Practice Dr. Ho Pui Gi and Dr. Tsui Wing Hang	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Common Symptom Complaints - Tremor Dr. Wong Sum Lok	Ms. Man Chan Tel: 2589 2337
2 Dec 10 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Eye Injuries and Ocular Emergency Dr. Wilson Tang	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Research in Primary Care Dr. Wong Fai Ying	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Abdominal Pain & Irritable Bowel Syndrome Dr. Yiu Shing	Ms. Kwong Tel: 2595 6941
8 Dec 10 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Patient Empowerment Dr. Cheuk Tat Sang	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Shared Care and Referral System Dr. Yip Wing Yi and Dr. Chan Ngai Ping	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Allied Health Talk – Clinical Psychology Dr. Wu Tze Yuen	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	Suicidal Prevention Dr. Ching Hoi Yan	Ms. Susanna Tong Tel: 2632 3480
9 Dec 10 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Shared Care and Referral System Dr. Yeung Sze Wai and Dr. Kwong Lok See	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Management of COPD Dr. Li Shun Hoi	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Travel Medicine Dr. Cheng Kwan Chui	Ms. Kwong Tel: 2595 6941
15 Dec 10 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Critical Appraisal Dr. Sze Siu Lam	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Principles of Professional Ethics and the Red Book Dr. Yung Yin Ying and Dr. Zhu Guixia	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Sexual Criminals e.g. Underage Sex, Rape Dr. Tam Yick Sin, Denise	Ms. Man Chan Tel: 2589 2337
16 Dec 10 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Classroom, G/F, Tseung Kwan O Hospital	Principles of Professional Ethics and the Red Book Dr. Fu Siu Saap, Michelle and Dr. Cheung Yan Kit	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Shortness of Breath Dr. Chan Ching	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Review of RAMP – COPD Management Dr. Siu Lok Man	Ms. Kwong Tel: 2595 6941

THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

30th Annual Refresher Course November 21 – December 12, 2010

REGISTRATION FORM

H.K.C.F.P.
Room 802, Duke of Windsor Social Service Building,
15 Hennessy Road, Wanchai, Hong Kong

Dear Sir / Madam,

I am a Member/ Non-Member of the Hong Kong College of Family Physicians.

The whole course:-

Five Luncheon Lectures and four Workshops (Including fee for Certificate of Attendance)	Members	: HK\$600.00	()
	Non-members	: HK\$1200.00	()
	HKAM Registrants	: HK\$700.00	()
	FM Trainees	: HK\$400.00	()

Spot admission:-

Nov 21 (Sun)	Cardiovascular Workshop 1. Optimize Hypertension Treatment in Daily Practice 2. Rationale in Reducing Complications in Acute Coronary Syndrome	()
Nov 23 (Tue)	Vaccination Treatment and Prevention of Pneumococcal Infection in Children	()
Nov 25 (Thur)	Cardio-thoracic 1. Impact of Early Disease Detection on the Prevention of Heart Disease and Stroke 2. Minimal Invasive Surgery for Lung Cancer	()
Nov 28 (Sun)	Mental Health Workshop 1. The Challenge of Improving Adherence in Depressive Patients 2. New Era in Managing GAD	()
Nov 30 (Tue)	Gastroenterology and Nephrology 1. Updates on Management of GERD and H. P. Eradication 2. RAS Blockade and Organ Protection	()
Dec 2 (Thur)	Cardiology Multi-risk Factors Approach to Address the 70% Residual CV Risk of your Statins Treated Patients	()
Dec 5 (Sun)	Mood Disorder Workshop 1. Sleep, Circadian Rhythm and Depression 2. HKU Visiting Professor – Doctor Mental Health 3. Review of Treatment to Depression	()
Dec 7 (Tue)	Asthma Update in the Management of Asthma	()
Dec 12 (Sun)	Hepatitis and Urology Workshop 1. Stopping Antiviral Drugs – Who and When 2. Managing Benign Prostatic Hyperplasia in Primary Care Practice	()

Member : HK\$150.00 X _____ lecture/workshop(s)
Non-member : HK\$300.00 X _____ lecture/workshop(s)
HKAM Registrant : HK\$200.00 X _____ lecture/workshop(s)
FM Trainee : HK\$150.00 for 4 Sunday workshops
HK\$80.00 X _____ luncheon lecture(s)

Enclosed please find a cheque (made payable to "HKCFP Foundation Fund") of HK\$ _____ being payment in full for the above.

Name : _____

Email : _____

Tel. no : _____ Date : _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 Nov	15	16 7:00 p.m. DFM Exam Subcom Meeting 9:00 p.m. Board of DFM Meeting 9:00 p.m. 180 th Board of Conjoint Examination Meeting	17 2:15 – 7:00 p.m. Structured Education Programme	18 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	19	20
21 1:00 – 4:45 p.m. ARC – Cardiovascular Workshop	22 7:30 – 10:00 p.m. Specialty Board CSA Examiner Standardization Workshop	23 1:00 – 3:45 p.m. ARC – Vaccination 7:30 – 9:30 p.m. Specialty Board PA Examiner Standardization Workshop	24 2:15 – 7:30 p.m. Structured Education Programme	25 1:00 – 3:45 p.m. ARC – Cardio-thoracic 2:15 – 7:00 p.m. Structured Education Programme	26 2:30 – 3:30 p.m. Board of Education Video Session	27 2:15 – 4:45 p.m. DFM Module III – Anticipatory Care
28 1:00 – 4:45 p.m. ARC – Mental Health Workshop	29	30 1:00 – 3:45 p.m. ARC – Gastroenterology and Nephrology	1 Dec 2:15 – 7:00 p.m. Structured Education Programme	2 1:00 – 3:45 p.m. ARC – Cardiology 2:15 – 7:00 p.m. Structured Education Programme	3	4 1:00 – 4:00 p.m. Board of Education Interest Group in Mental Health and Psychiatry in Primary Care 2:15 – 4:45 p.m. DFM Module III – Introduction to Family Therapy 6:00 – 6:30 p.m. AGM 7:00 – 10:30 p.m. Annual Dinner
5 1:00 – 4:45 p.m. ARC – Mood Disorder Workshop	6	7 7:30 p.m. Specialty Board Meeting 1:00 – 3:30 p.m. ARC – Asthma	8 2:15 – 7:30 p.m. Structured Education Programme	9 1:00 – 3:30 p.m. Updates on Cervical Cancer Vaccination 2:15 – 7:00 p.m. Structured Education Programme	10	11 2:15 – 5:15 p.m. DFM Module V – Musculoskeletal Workshop 2:30 – 4:30 p.m. Community Education Programme
12 1:00 – 4:45 p.m. ARC – Hepatitis and Urology Workshop	13	14	15 1:00 – 3:45 p.m. Maximizing Alzheimer's Disease Treatment 2:15 – 7:00 p.m. Structured Education Programme	16 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	17	18 1:00 – 4:30 p.m. Type 2 DM and Insulin Management
19	20	21	22	23 9:00 p.m. 181 st Board of Conjoint Examination Meeting	24	25
26	27	28	29	30	31	1 Jan

FP LINKS EDITORIAL BOARD 2010	
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- Red** : Education Programmes by Board of Education
- Green** : Community & Structured Education Programmes
- Purple** : College Activities

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Contact and Advertisement Enquiry

Ms Teresa Lee
Tel: 2861 1808
E-mail: terlee@hkcfp.org.hk
The Hong Kong College of Family Physicians
7th Floor, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong