

Message from the President

Hong Kong Primary Care Conference 2013

Our Hong Kong Primary Care Conference (HKPCC), "Innovations in Primary Care" will be held on June 16, 2013 at the Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong.

This year we will be having a full day of exciting scientific programme. Following the success of our first clinical case presentation competition last year, we will be holding this competition again this year. Do not miss this educational and entertaining session with competitor teams presenting clinical cases in different formats. Their presentations are often interesting!

After the opening ceremony we will have the first plenary session "Driving Innovations in Primary Care Research" by Prof. Doris Young. Prof. Young is the Chair of General Practice, and Associate Dean (Academic), Faculty of Medicine, the University of Melbourne. She is also our Honorary Fellow and has been our external Exit Examiner since 2007. Her dedication to and advice on primary care research and development have always been insightful for our development.

Our second plenary session is "Primary Care Models - Let a Hundred Flowers Bloom" by Prof. Gabriel Leung. Prof. Leung is the Head of the Department of Community Medicine, the University of Hong Kong after serving as Hong Kong's first Under Secretary for Food and Health and the fifth Director of the Chief Executive's Office. He will discuss not only the various primary care models, but also how they should be allowed to experiment, and be evaluated and implemented.

After lunch we will have our third plenary session "e-Health Record (eHR) Sharing in Hong Kong" by Mr. Richard Yuen, Permanent Secretary (Health) of the Food and Health Bureau (FHB). Mr. Yuen will share with us the Government's vision on eHR Sharing System, which will be a very important tool for our clinical practice. Ms. Ida Lee, Deputy Head (eHR) of FHB will explain the "Rules and Principles Adopted in the eHR Sharing System" and Dr. Summer Chan, Deputy Senior Health Informatician (eHR and Special Clinical Projects) of the Hospital Authority will share his experience in "Creating User Friendly eHR Environment for Family Physicians".

If you are interested in research, come join the research forum for higher trainees in Family Medicine. Three experts, Prof. Doris Young, Prof. Martin Wong, Associate Professor, School of Public Health & Primary Care, the Chinese University of Hong Kong, and Dr. Chin Weng Yee, Assistant Professor, Department of Family Medicine & Primary Care, the University of Hong Kong will share their views on some of the higher trainees' research presentations. Besides, Dr. Henry Sze, Clinical Assistant Professor of the Department of Oncology, the University of Hong Kong, will talk about "New Treatment in Oncology".

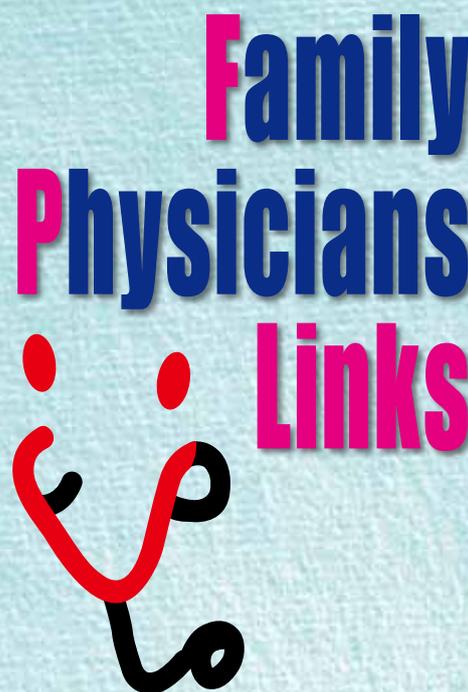
I am also very grateful for the overwhelming responses to our workshops.

Last but not least, I would like to thank the Organizing Committee 2013 led by co-chairpersons Dr. Lorna Ng and Dr. William Wong, business manager and treasurer Dr. Daniel Chu, and committee members Dr. Colman Fung, Dr. Chiang Lap Kin, Dr. Catherine Chen, Dr. Judy Cheng, Dr. Dana Lo, Dr. Kevin Foo, Dr. Kwan Yu, Dr. Wendy Kwan, Dr. Vienna Leung, Dr. Chong Man Yuk, Ms. Samantha Chon, Ms. Margaret Lam, Prof. Ip Wan Yim and our conference secretariat Ms. Erica So, Ms. Crystal Yung, Ms. Teresa Liu and Ms. Alky Yu. The team has overcome a lot of challenges this year to bring this conference to us.

Please register with 2013 HKPCC if you have not done so. Come join this exciting conference, meet old friends, learn new knowledge, and share your expertise with others.

Look forward to seeing you all there!!

THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS



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"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From 15th May 2013 to 14th June 2013, Dr. Angus Chan and Dr. Chong Man Yuk will be the Council Members On Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments about anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee
Co-ordinator, CMOD System



Dr. Angus Chan



Dr. Chong Man Yuk

Membership Committee News

The Membership Committee approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **April 2013** :

Associate Membership (New Application)

Dr. CHEUNG Tsz Ki

張子祺

Dr. TSE Wan Ying

謝韻盈

Internal Affairs Committee News

The 26th Fellowship Conferment Ceremony and the 24th Dr. Sun Yat Sen Oration

Dear Colleagues,

The College is holding **"The 26th Fellowship Conferment Ceremony and the 24th Dr. Sun Yat Sen Oration" on 15th June 2013 (Saturday) at the Hong Kong Academy of Medicine Jockey Club Building.**

The successful candidates of Conjoint Examination would be conferred Fellowships, and the successful candidates of Diploma in Family Medicine and the Exit Examination would be granted certificates. In this very important occasion, **Professor Joseph J.Y. Sung, Vice-Chancellor and President of the Chinese University of Hong Kong**, would deliver the 24th Dr. Sun Yat Sen Oration.

All Fellows*, members and their spouses are cordially invited to attend the Conferment Ceremony and the Oration. The details are:

- Events : (i) **The 26th Fellowship Conferment Ceremony**
(ii) **The 24th Dr. Sun Yat Sen Oration by Prof. Joseph J.Y. Sung**
- Venue : 1/F, Run Run Shaw Hall, Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong
- Date : 15th June 2013 (Saturday)
- Time : 4:00 p.m. – Reception with light refreshments
5:30 p.m. – Commencement of Ceremony
- Remarks : 1 CME (Category 4.3)
- This activity is free of charge to our College Fellows, members and their spouses.
*All College Fellows are welcome to bring their Fellowship gowns for the Conferment Ceremony.

Please mark your diaries and we look forward to seeing you soon.
Thank you!

Dr. David CHAO
Chairman, Internal Affairs Committee

Specialty Board News

The Specialty Board is pleased to announce that the following candidates have successfully passed the Full Exit Examination of HKCFP in 2013.

Dr. Chan Shuk Yan, Angela
 Dr. Chan Shan Ching
 Dr. Che Ka Seng
 Dr. Cheng Chun Sing, David
 Dr. Cheuk Christina
 Dr. Cheung Wing Wo

Dr. Chung Sze Pok
 Dr. Kwok Chi Ming
 Dr. Lo Tsz Yan
 Dr. Lo Wai Hon
 Dr. Pang Kwok Ching
 Dr. Poon Ting Kong

Dr. Pun Lai Yin
 Dr. Sy Hung Pan
 Dr. Wu Sze Man
 Dr. Yau Kin Chung
 Dr. Yeung Wai Man
 Dr. Yu Sze Kai, Frances

Congratulations to you all!

Dr. Wendy Tsui
 Chairlady, Specialty Board

Board of Vocational Training and Standards News

Recruitment for Mentors on Research Segment, Exit Examination of Vocational Training in Family Medicine, HKCFP

Dear College Members,

The Board of Vocational Training and Standards is now recruiting Mentors for the Research Segment of Exit Examination of Vocational Training Programme in Family Medicine.

A mentor acts as an "anchor" and personal advisor for the trainee's research project throughout their 2-year higher training. The mentor is the expert who provides the trainee with general and overall guideline in conducting research and data analysis, and helps the trainee identify his/her own competence and deficiencies. The mentor has to give feedback to the trainee periodically, monitor the progress of the trainee's project and ensure that he/she is reaching the standards of the Exit Examination.

Acting as a mentor, you would be awarded up to 5 points of Continuous Professional Development (under QA&A Regulation Category 3.2). Please indicate your interest for the appointment by filling the application form available on www.hkcfp.org.hk. You are welcome to contact our Secretariat at 2528 6618 or bvts@hkcfp.org.hk should you have any enquiries.

Yours sincerely,

Dr. Chiu Chi Fai, Billy
 Chairman, Higher Training Subcommittee

BVTS

Classified Advertisements

Positions Vacant

Accredited Private FM Centre invites full time / part time Doctors for expanding services (Tuen Mun / Kwai Fong). FM Trainee, specialists welcomed. Basic + Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy CHAN) 9212 6654

FT/PT/Locum **Family Physician** (min. 3 years' experience) for practices of United Christian Nethersole CHS in Tai Po & Kowloon. Flexible hours. Please e-mail resume with expected salary - **Ms. Law** : hr@ucn.org.hk.

Part-time Locum Wanted by a clinic in Sham Shui Po, 6:30pm-8:30pm, 5days a week, \$1,200 per section. Interested please call Miss Ho 5416 8313.

Diploma in Family Medicine (HKCFP) Third Announcement

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by the Hong Kong College of Family Physicians will commence in June 2013.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors graduated from the course are expected to have acquired:

- i) Current concepts about the nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn the concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
Contents:	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence, etc

Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine and Critical Appraisal

Module IV - Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialized areas including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology
Contents:	FIVE Update seminars and ONE clinical attachment on selected specialties including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology (subject to availability)

Module V - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	5 compulsory and 1 elective Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled in Saturday and Sunday afternoons

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time studies.

June to September 2013	Module I
November 2013 to January 2014	Module II
July 2013 to May 2014	Module III, IV & V
May 2014	Final Examination

5. Admission Requirements:

Medical Practitioner with Bachelor's degree in Medicine.

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English
(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:
HK\$28,000 for members of HKCFP
HK\$56,000 for non-members

(A discount of HK\$3,000 for early birds who apply on or before May 17, 2013)

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$3,600	\$7,200
Module II (Distance Learning – Common Problems in Family Medicine)	\$3,600	\$7,200
Module III (Structured Lectures & Seminars)	\$2,600	\$5,200
Module IV (Updates & Clinical Attachment)	\$3,200	\$6,400
Module V (Practical Workshops)	\$4,200	\$8,400
Examination	\$8,000	\$16,000
Administration Fee	\$3,000	\$6,000

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- i) A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- ii) The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- iii) 50 CME and 10 CPD credit points will also be awarded to candidates on satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedures:

Application is now open

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practising Certificate.
- ii) A recent photo of the applicant (passport size).
- iii) A signed "Disclaimer of Liability".
- iv) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable.
- v) A Course Fee of HK\$28,000 (or HK\$56,000 for non-members) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2012 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Mr. John Lee at 2861 0220 for any queries.

11. Application Deadline: June 21, 2013

Comments From Former DFM Graduates

- The content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops.
- I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal.
- There are sessions of clinical updates for refreshing our knowledge on clinical medicine. Modules I, II & III could help improve my knowledge and my understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills.

Dr. Au Chi Lap
Chairman
The Board of DFM

*Course syllabus, schedule and availability may be subject to change without prior notification.

#Cantonese and English will be used as the language for teaching and examination.



CPR Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

Certificate Course in Family Medicine (HKCFP) Third Announcement

The Board is pleased to announce that the Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in June 2013.

The course consists of **THREE** Segments. Segment I and Segment II will be delivered by Local Distance Learning. Segment III consists of workshops. The whole course requires FIVE months of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practicing medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of **THREE** compulsory segments. Doctors graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation
- iii) Knowledge and skills in some common practice procedures required in family practice
- iv) Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Segment I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Segment II- Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
Contents:	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence etc. (Subject to further selection)

Segment III - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical skills and consultation skills in Family Medicine by Practical Workshops in some selected areas
Contents:	Orthopaedic Injection and Consultation Skills

3. *Schedule:

The whole course requires FOUR months of part-time studies.

July to October 2013	Segment I & II
1-day workshop in October 2013	Segment III

4. Admission Requirements:

Medical Practitioner with Bachelor's degree in Medicine.

5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

6. Teaching Medium:

English

7. Course Fees:

HK\$9,000 for members of HKCFP
HK\$18,000 for non-members

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

8. Awards/ Credits:

- i) A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- ii) 10 CME credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

9. Application Procedures:

Application is now open

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practising Certificate
- ii) A recent photo of the applicant (passport size)
- iii) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable
- iv) A Course Fee of HK\$9,000 (or HK\$18,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>).

Please contact the College secretariat, Mr. John Lee at 2861 0220 for any queries.

10. Application Deadline: June 21, 2013

Dr. Au Chi Lap
Chairman, The Board of DFM

Enhancing the practice of primary care physicians as our goal
to serve the medical profession and the Society

A Quotable Qualification by
The Hong Kong Medical Council

Postgraduate Diploma in Diagnosis and Therapeutics in Internal Medicine

(PDipIntMed&Therapeutics)

醫學內科診斷及治療深造文憑



Calling for Enrolment in September 2013

PROGRAM FEES

Composition fee for the 2-year program
is HK\$23,000

ADMISSION REQUIREMENTS

Holder of a primary medical degree
with post registration experience of
no less than 12 months

DEADLINE OF APPLICATION

31 August 2013

To submit an application:

On-line: <http://www.medic.hku.hk/postdip.htm>

VENUE

William MW Mong Block
Faculty of Medicine Building
21 Sassoon Road
Pok Fu Lam, Hong Kong

ORGANIZER

Department of Medicine
The University of Hong Kong
Queen Mary Hospital, Hong Kong



THE UNIVERSITY OF HONG KONG
LI KA SHING FACULTY OF MEDICINE

香港大學李嘉誠醫學院



The Trouble Tree

The carpenter I hired to help me restore an old farmhouse had just finished a rough day on the job. A flat tire made him lose an hour of work. His electric saw quit, and now his ancient pickup truck refused to start.

He sat in stony silence while I drove him home.

On arriving, he invited me in to meet his family. As we walked towards the front door, he paused briefly at a tall tree, touching the tips of the branches with both hands. Upon opening the door, he underwent an amazing transformation. His tanned face was wreathed with smiles as he hugged his two small children and gave his wife a kiss.

He walked me to the car after introducing his family to me. We passed the tree and my curiosity got the better of me. I asked him about what I had seen him do earlier.

"Oh, that's my trouble tree." He replied.

"I know that I can't help having troubles on the job but there's one thing for sure. Troubles don't belong in the house with my wife and children. Hence, I just hang them up on the tree every night when I get home. I pick them up again in the morning. Funny thing is..." he said with a smile,

"...when I come out in the morning to pick them up, there are not nearly as many as I remember hanging up the night before."

<http://www.inspirationallane.com/ThanksgivingInspirationalStories6.htm>

(本欄資料由 心靈綠洲—個人成長及危機處理中心 提供，特此鳴謝。)

Avian Influenza A – H7N9

Ten years since the SARS epidemic, another deadly emerging disease, the avian influenza A H7N9 is fuelling concerns in our community.

The influenza (flu) virus has eight genes including two that carry codes for the haemagglutinin (H) and neuraminidase (N) proteins and six genes that code for internal proteins. The gene for the H protein is the most important as it is the H protein which allows the virus to bind to host cells. In the new human cases of avian influenza, the genes coding for the internal proteins appear to come from H9N2 viruses – a class that is endemic in birds including poultry. The gene for the N protein appears similar to avian H11N9 viruses that were recently found in South Korea in 2011. The gene for the H protein, the most critical gene, seems to belong to a Eurasian group of H7 avian flu virus which does not cause severe sickness in birds. This is a vital link as viruses that don't sicken birds can, however, cause severe disease in humans as we lack immunity to them and they may be more lethal in humans depending on how they bind to our airway receptors.

Clinical presentation of avian influenza in humans includes eye infection (conjunctivitis), flu-like symptoms (e.g. fever, cough, sore throat, muscle aches) or severe respiratory illness (e.g. chest infection). The more virulent forms [e.g. infection by avian influenza A (H5N1 or H7N9) viruses] can result in respiratory failure, multi-organ failure and even death.

As of 22 April 2013, 104 cases of human infection caused by the avian influenza A (H7N9) virus have been reported with a total of 21 deaths as follows:

Region	No. of cases
Anhui Province	3
Beijing Municipality	1
Henan Province	3
Jiangsu Province	23
Shanghai Municipality	33
Zhejiang Province	41

There are no confirmed cases of H7N9 in Hong Kong at the time of writing.

Investigations into the possible sources of infection and reservoirs of the virus are ongoing by the World Health Organization (WHO) and the Mainland health authorities. According to the National Health and Family Planning Commission, the H7N9 virus is of avian origin and people are mainly infected through exposure to infected poultry or its contaminated environment. A case involving the deaths of two close family members, involving the first H7N9 case, an 87-year old man and his 55-year old son has raised considerable concern on human-to-human transmission by close contact, although there is no direct evidence of such transmission in a sustained manner.

H7N9 is now a statutory notifiable disease in Hong Kong. As gatekeepers, family physicians should be well aware of the reporting criteria. Apart from clinical features of acute respiratory illness, fever and unexplained severe pneumonia, epidemiological criteria for reporting includes contact with a confirmed case, contact with infected poultry or visiting wet markets with live poultry in affected countries, consumption of raw/undercooked poultry in affected areas, and close contact with infected animals or laboratory samples. In this connection, visiting wet markets with live poultry per se without actual contact with the poultry in an affected area is also considered as an epidemiological reporting criteria for influenza A (H7N9).

According to the Chinese health authorities, antigenic and genome sequence analyses indicate that the avian influenza A virus (H7N9) is sensitive to the neuraminidase inhibitors. The usage of neuraminidase inhibitors in the early stage of the infection has been proven effective, but whether it is the only specific treatment for H7N9 virus needs further investigation. Recommended antiviral agents include oseltamivir (Tamiflu®) and Zanamivir (Relenza®).

References:

1. Centre for Health Protection. Update on number of suspected human cases of avian influenza A(H7) notified. Available from: http://www.chp.gov.hk/en/view_content/28948.html. Accessed on 23 April 2013.
2. World Health Organization. Number of confirmed human cases for influenza A(H7N9) reported to WHO as of 22 April 2013. Available from: http://www.who.int/influenza/human_animal_interface/influenza_h7n9/02_ReportWebH7N9Number.pdf Assessed on 23 April 2013.
3. Work Group on Clinical Management for Avian Influenza A (H7N9) and Novel Coronavirus (NCoV). Interim Recommendation on Antiviral Therapy for Human Infection due to Avian Influenza A (H7N9). Hospital Authority Central Committee on Infectious Disease and Emergency Responses. Version 1: 11 April 2013.

Complied by Dr. Cheng Ghar Yee, Judy

An Interview with the Headmaster - Professor J Y Sung

Dr. Cheng Ghar Yee, Judy, Specialist in Family Medicine, Hospital Authority

Being called into the headmaster's room always makes you feel as if you're a twelve-year-old who's just had a fight with your classmate. During an interview with the Chinese University of Hong Kong's Vice Chancellor, I was initially quite in awe until Prof. Sung mesmerized us with interesting anecdotes about his childhood and challenges in the medical profession. This year, our College is most honored to invite Prof. Joseph Sung to be our 24th Sun Yat Sen Orator. Prof. Sung has also kindly agreed to be interviewed by FP Links to share his views on Family Medicine, the current healthcare system, his plans for CUHK as Vice Chancellor, and his secrets of success.



Professor Joseph Sung

Professor Joseph J.Y. Sung received his MBBS degree from the University of Hong Kong in 1983, and was conferred a PhD in biomedical sciences by the University of Calgary in 1992, and a MD by CUHK in 1997. Professor Sung holds fellowships from the Royal Colleges of Physicians of Edinburgh, Glasgow, London, Thailand and from the American College of Gastroenterology, the Royal Australian College of Physicians, the American Gastroenterological Association, the Hong Kong College of Physicians and the Hong Kong Academy of Medicine. Professor Joseph J.Y. Sung is concurrently Mok Hing Yiu Professor of Medicine of CUHK, and an Academician of the Chinese Academy of Engineering of the People's Republic of China.

He was the Chairman of the Department of Medicine and Therapeutics, CUHK in 1999-2010, Associate Dean (Clinical) of the Faculty of Medicine in 2002-04 and Associate Dean (General Affairs) in 2004-09, Head of Shaw College of CUHK in 2008-10 and Vice-Chancellor/President of CUHK since 2010. Professor Sung is a world leader in research on gastroenterology. He led a group of experts from 15 Asia-Pacific countries to launch colorectal cancer screening research in 2004, and has laid down clear guidelines and promoted colorectal screening in the region. Because of his work in cancer screening and prevention, Professor Sung was honoured by the Laurel Award conferred by the Prevent Cancer Foundation of the United States in 2008.

In 2003, Professor Sung led his medical team to fight against SARS and was named an "Asian Hero" by the Time magazine in recognition of his outstanding contributions. His contributions to the society and science has been recognized with many awards such as Eminent Scientist of the Year 2003 (The International Research Promotion Council, 2003), the Vice-Chancellor's Exemplary Teaching Award (CUHK, 2003), Silver Bauhinia Star (HKSAR Government, 2004), a Justice of Peace (HKSAR Government, 2012), and many others.

As the 24th Sun Yat Sen Orator, how do you perceive Family Medicine?

Prof. Sung: I think Family Medicine is a very important specialty with an irreplaceable humanistic nature. But I think its importance might not have been appreciated by many medical graduates. I remember my childhood family doctor taking care of me, my brother, my parents and also my grandparents. Chinese New Year greeting has included paying a visit to my family doctor at his home. My family doctor's house calls were not only limited to "homes". I remember one time as a child, I was running a high fever and was taking the elevator down to see my doctor. Unfortunately the elevator malfunctioned and I was trapped inside. I remember my family doctor prising open the lift door and peering down asking if I was alright. Family doctors are in a privileged position to offer holistic

care as they know the whole person and his/her family. Our current healthcare lacks this important factor. Inside hospitals, our operations are run like a factory with various specialties treating or operating on their "own" body parts but no one is taking care of the patient as a whole. Family physicians hold the key to this very important role and this point cannot be more reemphasized. Family physicians have an immense job satisfaction as they are caring for the whole patient instead of just curing a certain organ.

The discipline of FM is already quickly developing and the system is itself heading towards a right direction. One of the most important challenges is the low public awareness of Family Medicine as a discipline and hence more public education about the proper conception of family doctors and the current undesirable health seeking behavior such as doctor shopping should be corrected.



Visit to Sichuan

Do you have any suggestions for the future development of Family Medicine in Hong Kong with respect to its vocational training and implementation in Hong Kong?

Prof. Sung: Recent reports on doubtful unprofessional conduct in aesthetic medicine has given the public impression that doctors are only in the job for money. The medical profession as a whole is under risk. The quote “while we have the means, we have lost the meaning of practicing medicine” has a tremendous impression on me. I think we should emphasize whole person care and not only disease-orientated care. We should educate the public that family doctors “care” for the whole person and not just “cure” with technology. Holistic care and continuity of care are strengths to be highlighted. More prospective trainees will be attracted into Family Medicine by sharing the satisfaction of being a family doctor.

With your experience in SARS, what do you think about the role of family physicians in facing public health crises?

Prof. Sung: Family physicians act on the frontier to guard against infectious diseases by early detection, infectious disease precaution and educating the patients by providing information on outbreaks. I hold a profound respect for family doctors especially after SARS where more than enough doctors have sacrificed themselves such as Dr. Thomas Cheung who died of SARS after escorting one of his patients to the AED.

What do you perceive are the major areas of improvement required for the current healthcare system?

Prof. Sung: There are a lot of novel technologies in current healthcare and we have advanced in the area of treatment and cure. But we still have much to achieve in the area of prevention for communicable and non communicable diseases. An example is cancer prevention, which is why I have established the colorectal screening programme. Prevention of metabolic diseases such as hypertension, diabetes and obesity will have to rely on the expertise of Family Physicians. Early detection of communicable diseases such as SARS is another example where family physicians act as important gatekeepers and play crucial surveillance roles. Appropriate restructuring of the healthcare system should be made by proper utilization of primary care for the early detection and timely prevention of diseases, and

hence reducing their burden to the healthcare system at the secondary and tertiary levels. The public should be educated on the importance of primary care through a multidisciplinary approach via the media, stories and videos. On the contrary, the development of new technology should not be over-stressed.

As the Vice-Chancellor of the CUHK, what do you think are the major challenges of undergraduate education?

Prof. Sung: I think there are two main challenges that we have to overcome. One is the short sightedness of our young people.



Dinner Party with CU Students

A lot of young people I talk to aim to have a high earning capacity within their first few years of career to pay for the first installment of a flat instead of focusing on their own career plan. Some young people are interested in becoming investment bankers and studying business with little interest in medicine and science, arts and history. But I think there is much more to life and a person’s achievement than making money. I hope students can have a broader academic experience outside their major field and a holistic non-academic learning to guide them in life and not just their careers.

Another aspect I’m concerned about is the resilience of our youngsters. This is a global problem and even more prominent in an affluent society such as ours in Hong Kong. With the financial growth and privileged circumstances of the 80s and 90s, students find it harder to cope when facing adversities. We see a lot of mood problems and sadly even suicides when our students feel they can’t cope with their studies. Exchange students from mainland China who are the cream of the crop in their own provinces have an especially hard time when they don’t get satisfactory results in tests. As part of an admission health check, we performed questionnaires on our freshmen and found 30% of them having symptoms of anxiety and depression albeit not to the degree of having a pathological diagnosis. So the message of “not giving up” has to be fostered. With the new 3-3-4 education system and youngsters having a four-year undergraduate university curriculum, one of our challenges is to develop them as a whole person. This might be an opportunity for students to take up more challenges at a younger age with an earlier exposure to campus life and develop their moral character. Resilience training should begin at an earlier developmental stage and the University provides a unique platform for our youngsters to be in contact with a comprehensive range of persons and cultures.



Seventy-second Congregation for the Conferment of Degrees

What are your future plans on the development of CUHK?

Prof. Sung: CUHK is a comprehensive university consisting of science and art with medicine in between these two spectrums. As I have mentioned, the University has an imperative obligation to guide and prepare our young people for the society and their future lives. I hope to cultivate a humanistic culture to groom their moral character and to broaden their horizon in ethics and life values instead of just developing technology. No profession could thrive without ethics. Could you imagine the unethical practice of medicine and law? Experience has shown us what could happen to unethical practices in banking and investment in recent years.

As for concrete plans, as a joint venture with the Shenzhen University the Shenzhen campus of the Chinese University of Hong Kong (CUHK) is expected to begin in 2014, initially starting from a smaller scale. Apart from introducing our education resources into the Mainland, we also hope to instill our moral values into the new campus.

What are the mottos and secret of your success?

"You must be the change you want to see in the world."
Gandhi

I have always carried this motto in my life and believe one must change oneself first to bring about changes in others. During the SARS epidemic, one of my medical students was unfortunately brought down with SARS and was extremely dejected with his ill fortune initially. After his recovery, he wrote me a letter telling me it was the most remarkable experience in his life as he learnt more during his hospitalization than his five years of medical school, when he experienced first hand professional and compassionate care from the medical staff.

"You can't connect the dots looking forward; you can only connect them looking backwards. So you have to trust that the dots will somehow connect in your future. You have to trust in something – your gut, destiny, life, karma, whatever. Because believing that the dots will connect down the road will give you the confidence to follow your heart even when it leads you off the well worn path; and that will make all the difference." Steve Jobs

Steve Jobs' quote rings a bell very close to my heart. I always firmly believe that one should avoid narrowing your own spectrum and pigeon-holing yourself especially in the medical profession. As a young man I thought I was very knowledgeable in my own field. But that was until my PhD which opened me up to a whole new arena of experiences and people. Ever since, I have believed one should enrich one's life with whatever experience fate and life throws at you because you never know where you could end up with all the little dots you have accumulated along the way – to impact mankind and making a splash in your life.

One of Prof. Sung's Favourite Poems



滾滾長江東逝水，
浪花淘盡英雄。
是非成敗轉頭空。
青山依舊在，幾度夕陽紅。
白髮漁樵江渚上，慣看秋月春風。
一壺濁酒喜相逢。
古今多少事，都付笑談中。《臨江仙》

Afterwords:

It has been an immense honour for the FP Links reporters to talk with Prof. Sung. One of the most strong notions I had of Prof. Sung was his firm belief in moral values. Another impression was his ubiquitous presence - I suspect I'll always feel like twelve years old in the headmaster's room!



(from left to right) Professor Joseph Sung, Dr. Judy Cheng and Professor Martin Wong

Interest Group in Mental Health & Psychiatry in Primary Care The 35th Meeting on 6th April 2013

Dr. Mark S. H. Chan (Co-ordinator) - Board of Education

Theme : What are the current mental health topics of interest to family physicians?

Speaker : Dr. Chan Suen Ho, Mark
Coordinator, Board of Education

Dr. Chan Suen Ho, Mark graduated with MBBS (UNSW), and Master in Pain Medicine (Newcastle). He was a Vocational Scholar at the School of Immunology, John Curtin School of Medical Research, ANU and was trained at the Institute of National Heart Lung Transplant at St Vincent Hospital. Dr. Chan has 20 publications in Anesthesia and Family Medicine. He is a family physician in private practice. Apart from teaching, he also writes for newspapers.

Dr. Chan reviewed and presented 25 papers in the field of mental health and psychiatry published in the preceding 12 months to colleagues. The selection criteria are: of relevance to Family Medicine, interesting, making one feel in touch with current thinking and important in conceptual approach.

Learning points

The following is a summary of questions answered in the paper discussed.

1. What happened to personality disorder in the new DSM V?

In the first draft of Chapter P (Personality disorders), DSM-5, February 2010 proposed to remove paranoid, schizoid, histrionic, dependent and narcissistic personality disorders from the classification. It was revised in June 2011, reinstating narcissistic personality disorder but not the other four. It is being hotly debated.

Reference: Too Few or Too Many? Reactions to Removing versus Retaining Specific Personality Disorders in DSM-5. Charles B. Pull Curr Opin Psychiatry. 2013;26(1):73-78.

2. We ask patients to tell us more, what is the concept of Wisdom Environment in Narrative openness?

"Wisdom environment" means any context or occasion—reminiscence, life review, or simply soulful conversation—where **deep storytelling** is elicited by **deep storylistening**, where narrative reflection is invited, and **where wisdom (as awareness of alternative stories) is evoked**.

We empower patients to be strong, what is resilience?

Resilience is the ability to transform adversity into a growth experience and move forward, is the capacity to see something hopeful, humorous, or otherwise "redemptive" amid the negatives of our lives. This is an insightful paper.

Reference: The Importance of Being Ironic, Narrative Openness and Personal Resilience in Later Life; William L. Randall. Gerontologist. 2013;53(1):9-16.

3. A new and renew approaches to the old body-mind, body-brain discussion.

A review on brainfulness. This article has an in-depth discussion on the ever lasting body-mind debate in medicine. Need patience to digest the author's personal view.

Reference: Brainfulness, John Launer Postgrad Med J. 2013;89(1047):60.

4. What is new in ADHD?

A Norwegian study showed videos and films to children

with ADHD and recorded the brain activities by EEG. It was shown that there were possibilities to shift Beta activities. Implications for future management?

Reference: Neurofeedback for the Treatment of Children and Adolescents With ADHD. A Randomized and Controlled Clinical Trial Using Parental Reports. Nezla S Duric, Jørg Assmus, Doris Gundersen; BMC Psychiatry. 2012;12(107).

5. How much do we know about faecal incontinence?

There is a ROME III classification by retention of faecal matters. Some 15% of diagnosed children still have the problem at age 18.

Reference: Review Article: Faecal Incontinence in Children: Epidemiology, Pathophysiology, Clinical Evaluation and Management. S. Rajindrajith, N. M. Devanarayana Aliment Pharmacol Ther.2013;37(1):37-48.

6. What is the Third Wave?

Apart from the Third Waves by Alvin Toffler, the third wave in Psychotherapy refers to a heterogeneous group of treatments, including:

1. acceptance and commitment treatment,
2. behavioural activation,
3. cognitive behavioural analysis system of psychotherapy,
4. dialectical behavioural therapy,
5. metacognitive therapy,
6. mindfulness-based cognitive therapy and
7. schema therapy.

This review looked at the randomized controlled trials and case series during the past 5 years, showing the effectiveness of 'third wave psychotherapies'.

Reference: The Third Wave of Cognitive Behavioural Therapies What Is New and What Is Effective? Kai G. Kahl, Lotta Winter. Curr Opin Psychiatry. 2012;25(6):522-528.

7. We advocate empathy, is there a neural basis? Can we share joy as well? What are the empathy-related neural structures?

The medial prefrontal cortex (MPFC), the insula, the superior temporal sulcus (STS) and the inferior frontal gyrus (IFG) were discussed.

Reference: Can We Share the Joy of Others? Empathic Neural Responses to Distress vs Joy. Daniella Perry, Talma Hendler, Simone G. Soc Cogn Affect Neurosci. 2012;7(8):909-916.

8. Will power make a difference? What is the easiest way to stay alive?

Simply by stating I'd like to. A study showed that Mortality was the highest (68.0%) among those wishing to live <5 years compared to those wishing to live 5–10 years (45.6%) or over 10 years (33.3%) (P < 0.001).

Reference: Will-to-Live and Survival in a 10-year Follow-up Among Older People . Helena Karppinen, et al. Age Ageing. 2012;41(6):789-794.

9. What are the models of Insomnia ?

The old model is the 3 P model, the others are stimulus control model and cognitive model.

Reference: The Pathophysiology of Insomnia From Models to Molecules (and Back) Wilfred R. Pigeon, Matthew R. Curr Opin Pulm Med. 2012;18(6):546-553.

10. What are the five major psychiatric disorders that share common genetic risk ?

Five major psychiatric disorders — autism, attention-deficit/hyperactivity disorder (ADHD), bipolar disorder, major depressive disorder, and schizophrenia — share several common genetic risk factors. 4 risk loci – on chromosomes 3p21 and 10q24, in 2 genes regulate the flow of calcium in brain cells (CACNA1C and CACNB2).

Reference: Lancet, 2013 Feb 27.

11. Memory loss and drugs in MCI / Dementia.

There is no evidence that drugs will benefit people with mild cognitive impairment.

1. Cholinesterase inhibitor or memantine (an N-methyl-D-aspartate receptor antagonist) in Alzheimer's disease may provide symptomatic relief, but does not appear to alter progression of the illness.
2. Atypical antipsychotics have modest benefit in reducing agitation and psychotic symptoms but increase the risk of cardiovascular events.
3. The role of antidepressants in managing depressive symptoms in patients with mild cognitive impairment is uncertain and they may increase the risk of delirium and falls.

Reference: Memory Loss. Flicker LA, Ford AH, Beer CD, Almeida OP; Medical Journal of Australia 196 114-7 (Feb 2012).

12. Two simple tests may help predict dementia and stroke in middle-aged people.

1. People with a slower walking speed in middle age were 1.5 times more likely to develop dementia when compared with people with faster walking speed.
2. Stronger hand grip strength - associated with 42% lower risk of stroke or transient ischaemic attack in people aged older than 65 years compared with those having weaker hand grip strength.

Reference: American Academy of Neurology: 2012 Dec 27.

13. Donepezil and memantine for moderate-to-severe Alzheimer's disease.

In patients with moderate or severe Alzheimer's disease, continued treatment with donepezil was associated with cognitive benefits that exceeded the minimum clinically important difference and with significant functional benefits over the course of 12 months.

Reference: Howard R, McShane R. New England Journal of Medicine (NEJM) 366 (10), 893-903 (Mar 2012) Source: Expert Opin Pharmacother.

14. New approaches to the pharmacological management of generalized anxiety disorder.

Quetiapine has the most robust evidence of efficacy in GAD.

Valproic acid and agomelatine appear to be effective in GAD patients, but data are preliminary. Quetiapine is promising but its use is complicated by metabolic side effects.

Reference: Buoli M, Caldiroli A, Caletti E, Paoli RA, Altamura AC; Expert Opinion on Pharmacotherapy (Jan 2013).

15. Clinically significant drug interactions with newer antidepressants.

Important pharmacokinetic interactions through inhibiting specific CYPs. eg duloxetine and bupropion are moderate inhibitors of CYP2D6.

Reference: Spina E, Trifirò G, Caraci F; CNS Drugs 26 (1), 39-67 (Jan 2012).

16. Ketamine for Treatment-Resistant Unipolar Depression.

This paper reviewed the use of subanesthetic dose of IV Ketamine for resistant depressive patients.

Reference: Current Evidence. Mathew SJ; CNS Drugs Feb 2012. Br J Psychiatry.

17. Vitamin D deficiency and depression in adults.

Systematic review showed that low vitamin D concentration is associated with depression, need for randomised controlled trials of the role vitamin D for the prevention and treatment of depression.

Reference: Anglin RE, et al. British Journal of Psychiatry 202 100-7 (Feb 2013).

18. Therapeutic effects of vitamin D as adjunctive therapy to fluoxetine in patients with major depressive disorder.

In the present 8-week trial, the vitamin D + fluoxetine combination was superior to fluoxetine alone in controlling depressive symptoms.

Reference: Khoraminy N et al; Australian and New Zealand Journal of Psychiatry (Oct 2012).

19. Obsessive-compulsive disorder, a new model of basal ganglia dysfunction?

Elements from deep brain stimulation studies.

Reference: Haynes WI, Millet B, Mallet L; Revue Neurologique (Aug 2012).

20. Some practical advice regarding autism.

Autism is prevalent. The link lead to an excellent source for doctors caring for Autistic kids. Listen to parents.

1. Early signs of autism are often present before 18 months.
2. Parents usually DO have concerns that something is wrong.
3. Parents generally DO give accurate and quality information.
4. When parents do not spontaneously raise concerns, ask if they have any.

Reference: www.cdc.gov/autism and www.aap.org/autism.

21. Parkinson's disease, insulin resistance and novel agents of neuroprotection.

There are common cellular pathways relating neurodegenerative processes with abnormal mitochondrial function and abnormal glucose metabolism. Eg peroxisome proliferator activated receptor gamma coactivator 1- α , a key regulator of mitochondrial respiration and insulin resistance, is pivotal in the pathogenesis of neuro-degeneration in Parkinson's.

Reference: Aviles-Olmos I, Limousin P, Lees A, Foltynie T; Brain (Feb 2012).

Next meeting

The next (36th) meeting for the Interest group will be on 1st June 2013, at the College meeting room. Dr. Dicky Chung, Consultant Psychiatrist at Tai Po Hospital, will share his experience on Suicidal Assessment.

All members of the College are welcome and encouraged to present their cases and problems for discussions or role play. (Please do so 2 weeks beforehand for speakers to review; and contact our secretary at 2861 0220.) Again, those who are experienced can share, less experienced ones can benefit from participation. Our goal is to enhance our practical skills, promote early awareness and better management of mental health problems in our community.

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hospital for the clinical attachment.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2013

Organizer	:	Assessment Enhancement Sub-committee, Board of Education, HKCFP
Tutors	:	Family Medicine Specialists, Fellows of HKCFP and RACGP
Supervisors	:	Dr. Wong Ka Wah and Dr. Chan Chi Wai
Co-ordinator	:	Dr. Tam Chung Yin, Janet
Objectives	:	<ol style="list-style-type: none"> 1. To improve clinical knowledge, problem solving and consultation skills through different workshops 2. To improve physical examination technique and clinic procedural skills through hands-on experience 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups 4. To improve time management through simulated examination
Venue	:	Duke of Windsor Social Service Building and HKAM Jockey Club Building
Date	:	7 months' course starting from April 2013
Course Structure	:	<p>The course will consist of 4 main components:</p> <ol style="list-style-type: none"> 1. Seminars 2. Workshops 3. Self-help Group Support 4. Mock Exam <p>Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)</p>
Accreditation	:	Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
Course Fee	:	<p>Members : HK\$3,200 (Whole course) HK\$900 (Spot admission for each seminar or workshop only)</p> <p>All cheques payable to "HKCFP Education Ltd" All fees received are non-refundable and non-transferable.</p>
Capacity	:	50 doctors maximum
Enrolment	:	Enrolment is now open. Please call the College Secretariat, Ms. Yvonne Lam, at 2861 0220 for details. Successful applications will be informed later.
Disclaimer	:	All cases and answers are suggested by our tutors only. They are not standard answers for examination.
Remarks	:	Post-AEC training course will be organized for category 2 candidates who have enrolled in AEC.

Assessment Enhancement Course 2013 Timetable for Workshops

Date	Topics	Venue
Apr 20, 2013 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
May 11, 2013 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
Jun 8, 2013 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
Jul 13, 2013 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
Sept 14, 2013 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
Oct 19, 2013 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

The CPR Subcommittee of the Board of Education is pleased to announce that following candidates have passed the CPR Examination on 23 March 2013:

Dr. Chan Siu Chung, Bruce
Dr. Choo Kwong Yin
Dr. Keung Man Fung

Dr. Ki Chi Wing, Samuel
Dr. Li Lai Ming, Helen
Dr. Siu Chi Ming

Dr. Tam Wing Yi, Cherry
Dr. Tse Tung Wing, George

Congratulations to you all.

1 June 2013 Saturday

Board of Education Interest Group in Mental Health

Aim	To form a regular platform for sharing and developing knowledge and skill in the management of mental health
Topic	Assessing Suicidal Patient: Psychiatric Considerations
Speaker	Dr. Chung Wai Sau, Dicky
Co-ordinator & Chairman	Dr. Chan Suen Ho, Mark The Hong Kong College of Family Physicians
Time	1:00 p.m. – 2:00 p.m. Light Lunch 2:00 p.m. – 4:00 p.m. Theme Presentation & Discussion
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Admission Fee	College Fellow, Full or Associate Members Free Other Categories of Members HK\$ 350.00 Non-Members HK\$ 450.00 All fees received are non-refundable and non-transferable.
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK
Language	Lecture will be conducted in Cantonese and English.
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.

Admission Fee	College Fellow, Full or Associate Members Free Other Categories of Members HK\$ 350.00 Non-Members HK\$ 450.00 All fees received are non-refundable and non-transferable.
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK
Language	Lecture will be conducted in Cantonese and English.
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.

28 June 2013 Friday

Latest Update on COPD Management

Prof. Peter Calverley
Professor,
Medicine in the Pulmonary and Rehabilitation Research Group,
University of Liverpool

Chairman	Dr. Chan Sze Luen, David The Hong Kong College of Family Physicians
Time	6:00 p.m. – 7:00 p.m. Registration 7:00 p.m. – 7:40 p.m. Lecture & Discussion 7:40 p.m. Dinner
Venue	Jordan Ballroom, 2/F, Eaton Hotel, 380 Nathan Road, Kowloon
Admission Fee	College Fellow, Full or Associate Members Free Other Categories of Members HK\$ 350.00 Non-Members HK\$ 450.00 All fees received are non-refundable and non-transferable.
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.

Sponsored by
GlaxoSmithKline Ltd.

22 June 2013 Saturday

Board of Education Interest Group in Counseling

Aim	(1) To form a regular platform for interactive sharing and discussion of various counseling cases commonly seen in our daily practice; (2) To booster the competencies in counseling of family practitioners through case discussion and practising self awareness
Topic	The Anxious Patient
Speakers	Dr. Lau Ka Fai, Tony and Dr. Lau Wai Yee, Aster
Co-ordinator & Chairman	Dr. Lau Wai Yee, Aster The Hong Kong College of Family Physicians
Time	2:30 p.m. – 3:30 p.m. Lecture 3:30 p.m. – 4:30 p.m. Small Group Interactive Case Discussion (max. 10 participants)
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong

On-Going Events organized by Board of Education

Please be reminded that there will be one lecture organized by the Board of Education on 19 May 2013. Kindly refer to FP Links April Issue (page 21) for details.

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

May's session:

Date	31 May 2013 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topics	1. Traditional Chinese Therapy & Dermatitis – Dr. Lee Tze Yuen 2. Treatment of Sputum. Old is New – Dr. Edwin Poon
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lectures will be conducted in English.

June's session:

Date	28 June 2013 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topics	1. Glycemic Index – Non-alcoholic Fatty Liver Disease – Dr. Leong In Son 2. Statin Benefit Beyond Lipid Lowering – Dr. Ko Wai Chin
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lectures will be conducted in English.

Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
8 June 2013 2:30 – 4:30 p.m. 2 CME points	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Elderly Health in Primary Care Dr. Lo Kwok Man AC, Geriatrics, Department of M&G, OLMH	Ms. Clara Tsang Tel: 2354 2440 Fax: 2327 6852
18 July 2013 1:00 – 3:00 p.m. 1 CME points	East Ocean Seafood Restaurant Shop 137, 1/F, Metro City Plaza 3, 8 Mau Yip Road, Tseung Kwan O, Kowloon	Management of Primary Headache Disorders in Clinics: From Diagnosis to Treatment Dr. Chan Chun Kong RS, Department of M&G, UCH	Ms. Cordy Wong Tel: 3513 3087 Fax: 3513 5505
15 June 2013 1:30 – 3:45 p.m. 2 CME points	Lecture Theatre, G/F, Block P, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	Management of Degenerative Joint Diseases in Primary Care Setting Dr. Ho Hon Shuen AC, Department of O&T, UCH	Ms. Cordy Wong Tel: 3513 3087 Fax: 3513 5505

Structured Education Programmes

Free to members
HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
5 June 13 (Wed)			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Health Care Delivery Model in China Dr. Tong Ka Hung	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Meeting Room 2, 1/F, Block F, United Christian Hospital	Shared Care and Referral System Dr. Ho Pui Gi and Dr. Chan Fu Leung	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m. 3 CME points	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Health Care Insurance Proposal in Hong Kong Dr. Leung Wing Kit	Ms. Crystal Law Tel: 2632 3480
5:15 – 7:15 p.m. 2 CME points	Lecture Hall, 5/F, Tsan Yuk Hospital	Dermatological Emergencies Dr. George Tse	Ms. Man Chan Tel: 2589 2337
6 June 13 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital	Shared Care and Referral System Dr. Lee Hung Fai and Dr. Cheung Yan Kit	Ms. Cordy Wong Tel: 3513 3087

4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Teenage Pregnancy Dr. Leung Hor Yee	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Journal Club Dr. Lee Ho Ming	Ms. Kwong Tel: 2595 6941

13 June 13 (Thur)

2:15 – 5:15 p.m. 3 CME points	Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital	Common Symptoms in Orthopaedics (LBP, Neck Pain, Shoulder Pain) Dr. Yuen Ming Wai and Dr. Mok Ka Yee	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Community Resources for Patients with Substance Abuse Dr. Lee Sik Kwan and Dr. Cheuk Tat Sang	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Use of Clinic Tests in Daily Consultations – Urea Breath Test and Dyspepsia Dr. Yio Shing	Ms. Kwong Tel: 2595 6941

19 June 13 (Wed)

2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Knee Pain Dr. Chan Ka Ho	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Principle of Professional Ethics, Red Book Dr. Tsui Hiu Fa and Dr. Kwok Yee Ming	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m. 3 CME points	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Menopause and Osteoporosis Dr. Chow Tze Ling, Sylvia	Ms. Crystal Law Tel: 2632 3480
5:15 – 7:15 p.m. 2 CME points	Lecture Hall, 5/F, Tsan Yuk Hospital	Journal Club Dr. Lee Pui Wai	Ms. Man Chan Tel: 2589 2337

20 June 13 (Thur)

2:15 – 5:15 p.m. 3 CME points	Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital	Principle of Professional Ethics, Red Book Dr. Kwong Kok See and Dr. Lee Wing Mei	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Approach to Numbness in Primary Care Clinic Dr. Hong Sze Nga	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Disgnosis and Management of Shoulder Pain Dr. Lee Ho Ming	Ms. Kwong Tel: 2595 6941

26 June 13 (Wed)

2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Emergency Infectious Diseases Dr. Liu Chung Wo	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Eating Disorder Dr. Yuen Ching Yi and Dr. Lam Wing Sze	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Hall, 5/F, Tsan Yuk Hospital	Care of Patient with Chronic Pain / Analgesic Ladder in GOPC Setting Dr. Tseung Kwan Hang	Ms. Man Chan Tel: 2589 2337

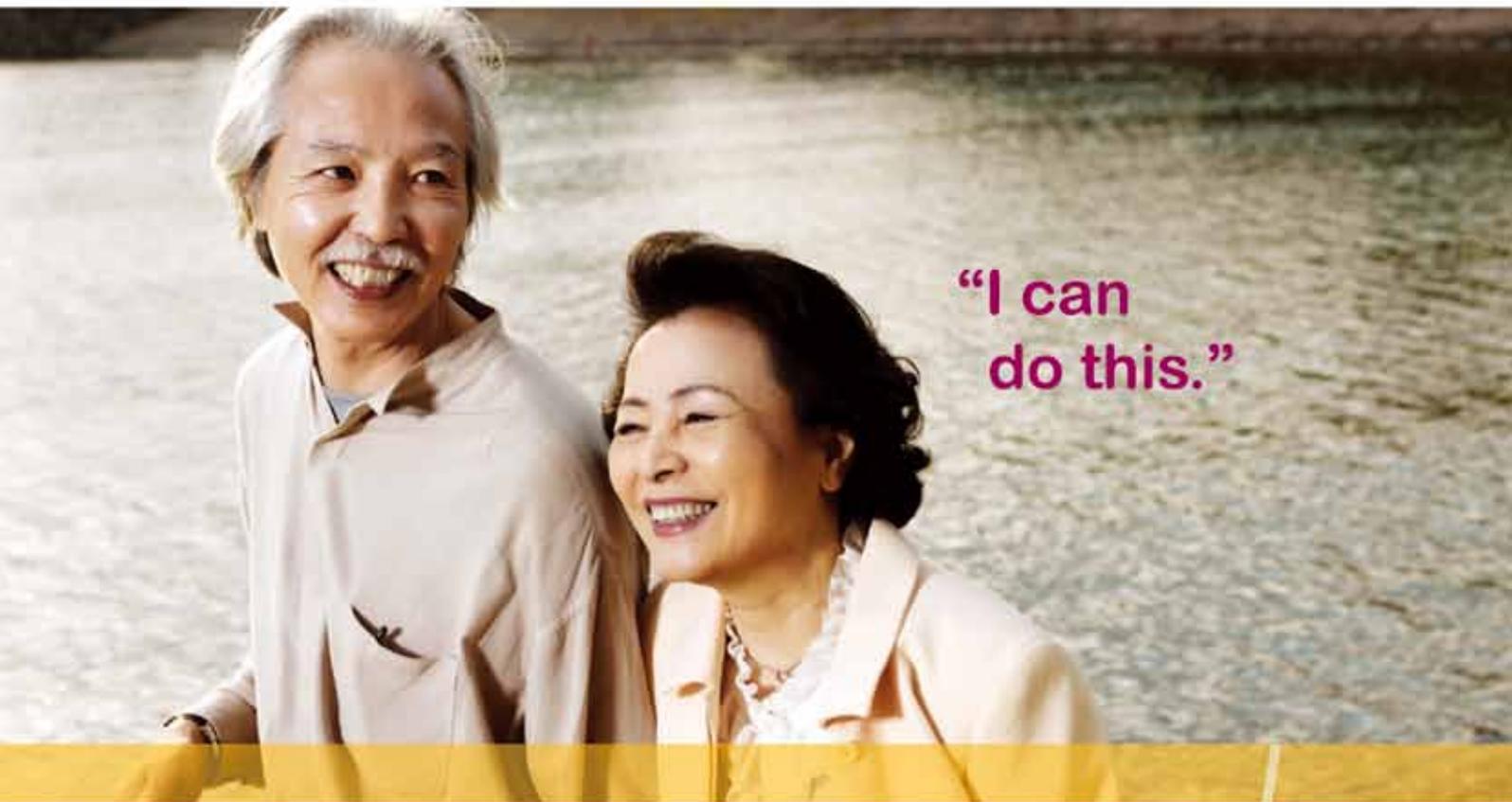
27 June 13 (Thur)

2:15 – 5:15 p.m. 3 CME points	Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital	Case Presentation (Ethical Dilemma, Confidentiality Issue, Medical-Legal Cases) Dr. Leung Yuen Kin Journal Club (Infectious Disease/Infection Control Related) Dr. Tsui Wing Hang	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Burn Out and Sick Doctors Dr. Tang Hoi Yan	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	End of Life Decision and Palliative Care Dr. Yan Ka Shing, Quentin	Ms. Kwong Tel: 2595 6941

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References
1. Ignat DA, Schwartz SL, Barret B and Murphy HL. Diabetes Educ 2008;35:789-798
2. Ignat DA, Connor M and Lerox S. J Diabetes Sci Technol 2008;2:533-537.



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COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 May	20 7:00 p.m. CSA Standardization Workshop	21	22 2:15 – 7:30 p.m. Structured Education Programme	23 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	24	25
26	27	28	29 2:15 – 7:15 p.m. Structured Education Programme	30 2:15 – 7:00 p.m. Structured Education Programme	31 2:30 – 3:30 p.m. Board of Education - Video Session	1 Jun 1:00 – 4:00 p.m. Interest Group in Mental Health
2	3	4	5 2:15 – 7:30 p.m. Structured Education Programme	6 2:15 – 7:00 p.m. Structured Education Programme	7	8 2:30 – 5:30 p.m. Assessment Enhancement Courses 2013
9	10	11	12	13 2:15 – 7:00 p.m. Structured Education Programme 7:00 – 9:30 p.m. Standardization Workshop on Research Segment	14	15 5:30 – 7:30 p.m. Conferment Ceremony
16 9:00 a.m. – 5:30 p.m. Hong Kong Primary Care Conference 2013	17	18 9:00 p.m. Council Meeting	19 2:15 – 7:30 p.m. Structured Education Programme	20 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	21	22 2:30 – 4:30 p.m. Interest Group in Counseling
23 2:30 – 5:30 p.m. Conjoint 2013 Information Seminar on OSCE Segment for Candidates	24	25	26 2:15 – 7:15 p.m. Structured Education Programme	27 2:15 – 7:00 p.m. Structured Education Programme	28 2:30 – 3:30 p.m. Board of Education - Video Session 6:00 – 7:40 p.m. Latest Update on COPD Management	29

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Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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