

Message from the President

This is the first presidential message of my two-year term.

I dream the dream, the dream comes true. This is beyond my wildest dream to be your new president of this beloved College. The hard work of all my predecessors and censors have laid a strong foundation which makes life much easier for me. Without their inspiration and encouragement, I will never be the person I am today.

I graduated from Glasgow, Scotland and returned to Hong Kong in 1996, just before the changeover. I sat my Exit Examination in the millennium and my career has since grown with this College.



Dr. Angus Chan

On 13th December 2014, I chaired the 400th Council meeting, what a milestone! Let me introduce my executives: Dr. David Chao, Vice-President (Education and Examinations), Dr. Lau Ho Lim (General Affairs), Dr. Billy Chiu (Honorary Secretary), Dr. Yuen Shiu Man (Honorary Treasurer), and Dr. Ruby Lee (Immediate Past President). We welcome our new Council member, Dr. Daniel Chu. In fact he is a veteran of the Council and we are glad he offers his expertise again. Other Council members included: Dr. Simon Au, Dr. Alvin Chan, Dr. Chan Hung Chiu, Dr. Chan Kin Ling, Dr. Mark Chan, Dr. Chan Wing Yan, Dr. Mary Kwong, Dr. Tony Lee, Dr. Lorna Ng, Dr. Ngan Po Lun, Dr. Wendy Tsui, Dr. William Wong, and Dr. Gene Tsoi as co-opt. Our Board of Censors are Professor Cindy Lam, Dr. Stephen Foo and Dr. Donald Li. The Council would like to thank Dr. Chong Man Yuk for his valuable contribution to the College in the past years.

On the same evening was my favourite event of the year-The 37th HKCFP Annual Dinner. Over 180 guests, fellows, members and staff joined the dinner. The Fabulous Three, Dr. Chan Hung Chiu, Dr. Kenny Kung and Dr. Yeung Wai Man performed the charming and soothing songs and music. Dr. May Lam and her husband Mr. Bernard Yim performed the elegant Flamenco dance and guitar play. Everybody was mesmerized by the sound of music and the emotional tapping dance. No wonder why nobody noticed my presence. The best was still to come, the lucky draw. Once in a lifetime, my magic hand picked out our Executive Manager, Miss Erica So for the third prize and the grand prize went to Ah Ki, our longest serving staff who has just retired this year. I couldn't help to give the wee man a big hug. What a lovely fluke!

Ming Pao has been working with Hong Kong Academy of Medicine for a series of Healthcare column since November 2013. Thanks for Dr. David Chao's liaison and coordination with Ming Pao, Dr. Fung Hoi Tik Heldi and I carried out an interview in October 2014. We talked about the principles of Family Medicine, our daily challenge and the training and examination pathway of family doctors in Hong Kong. The interview can be reviewed on both newspaper format and online-video format <http://www.mingpaohealth.com/doc.htm>.

I was involved as one of the judges in choosing the BORT (Best Original Research by trainee) of HKAM with the presentation on 19th December

THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS



Family Physicians Links



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Message from the President

2014. We had no entry last year while this year we had three good pieces of work with very high standard. One of our trainees missed out by the smallest margin to be chosen for the final six for presentation. I encourage more submissions from our trainees next year. One day we will win!

The Honorary Fellowship, the highest recognition of this College is opened for nomination. Please give us yours suggestion if you feel any member or fellow deserved the honour.

2015 Wonca Asia Pacific Regional Conference and the Cross Strait meeting will be held simultaneously from 4th to 8th March, 2015 at Taipei, Taiwan. The theme is

“Family Medicine: New Horizons and Challenges”. Hong Kong will send out a strong delegate and a number of Council members will attend as well. I am invited to speak on the topic: The development and challenge of continued medical education for family doctors. I hope to meet you all in Taipei.

All in all, there are no excruciating upheavals at the moment though I should be blessed with a healthy dosage of bumps in the road every now and then that really serve to remind me of the basics of Primary Care and Family Medicine, and the soothing importance of friends and families. I sincerely need all your support and assistance over my two-year term.

Wishing you all a prosperous and healthy 2015!

Dr. Angus MW CHAN
President



Photo taking with Council members and the guests

“Council Member-On-Duty” (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From 15th January 2015 to 14th February 2015, Dr. Chan Kin Ling and Dr. Mary Kwong Yan will be the Council Members On Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments on anything related to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee
Co-ordinator, CMOD System



Dr. Chan Kin Ling



Dr. Mary Kwong

Membership Committee News

The Membership Committee approved, on recommendation of the Chairman of the Membership Committee, the following application for membership in **December 2014**:

Associate Membership (New Application)

Dr Poon Wing Kwan

潘穎君

CALL FOR NOMINATIONS – HKCFP HONORARY FELLOWSHIP 2015

Dear Members,

Nominations are called for the HKCFP award of Honorary Fellowship for 2015.

This is an award to be conferred for persons of distinction or members of the community who have rendered distinguished services, directly or indirectly, to the college or for the advancement of general / family practice, who may be nominated to the Council for election to Honorary Fellowship. Such election will require the unanimous vote of members of the Council in the Council Meeting in January 2015.

You are invited to send your suggestions together with your personal contact to President Dr. Angus Chan directly via email to hkcfp@hkcfp.org.hk by Wednesday, 14 January 2015.

Thank you.

Dr. Billy Chiu
Honorary Secretary

Classified Advertisements

Office Available

HOUSING ESTATE GP PRACTICE FOR FREE TAKEOVER. Doctor(FM Fellow) retiring. Many long term patients to be managed. Convenient transport (Kowloon City) Spacious shop, yet Low rent. M:90801390. hayleswai@hotmail.com

Position Vacants

Invites applicants for full time/part time position in Evangel Hospital and general outpatient clinics in Kowloon.

Please send your C.V. and enquiry to cplusclinic@gmail.com
Dr. Billy Chui.

Accredited Private FM Clinic invites full time / part time Doctors for expanding services (Tuen Mun / Kwai Fong). FM Trainee, specialists welcomed. Basic + Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy CHAN) 9212 6654

The 37th HKCFP Annual General Meeting

Following the 37th HKCFP Annual General Meeting and the 400th Council meeting on Saturday, 13 December 2014, the following Executives and Council Members were elected/co-opted:

Dr. Angus MW CHAN	President
Dr. David VK CHAO	Vice-President (Education and Examinations)
Dr. Billy CF CHIU	Honorary Secretary
Dr. Quincy SM YUEN	Honorary Treasurer
Dr. CHAN Kin Ling	Council Members
Dr. CHAN Wing Yan	Council Members
Dr. Daniel WS CHU	Council Members
Dr. Lorna V NG	Council Members
Dr. NGAN Po Lun	Council Members
Dr. Gene WW TSOI (Co-opted)	Council Members

Congratulations. We extend our hearty welcome to them.

The Council would like to thank Dr. CHONG Man Yuk for his valuable contributions to the College in the past years.

The Composition of the Council 2015 is as follows:

President	Dr. Angus MW CHAN
Vice-President (Education & Examinations)	Dr. David VK CHAO
Vice-President (General Affairs)	Dr. LAU Ho Lim
Honorary Secretary	Dr. Billy CF CHIU
Honorary Treasurer	Dr. Quincy SM YUEN
Immediate Past President	Dr. Ruby SY LEE
Council Members	Dr. Simon CL AU
	Dr. Alvin CY CHAN
	Dr. CHAN Hung Chiu
	Dr. CHAN Kin Ling
	Dr. Mark SH CHAN
	Dr. CHAN Wing Yan
	Dr. Daniel WS CHU
	Dr. Mary BL KWONG
	Dr. Tony CK LEE
	Dr. Lorna V NG
	Dr. NGAN Po Lun
	Dr. Gene WW TSOI
	Dr. Wendy WS TSUI
	Dr. William CW WONG

Board of Censors	Prof. Cindy LK LAM (Chief Censor)
	Dr. Stephen KS FOO
	Prof. Donald KT LI

Mr. Anthony WK CHOW has been re-appointed as **Honorary Legal Advisor** and **Mr. CF CHEUNG** has been re-appointed as **Honorary Auditor**.

The Chairpersons of the various Boards and Committees for the year 2015 are as follows:

Chairmen of Various Boards

Board of Conjoint Examination	Dr. CHAN Hung Chiu
Board of Diploma in Family Medicine	Dr. Simon CL AU
Board of Education	Dr. Alvin CY CHAN
Board of Professional Development and Services	Dr. LAU Ho Lim
Board of Vocational Training & Standards	Dr. Billy CF CHIU & Dr. Ruby SY LEE
Editorial Board	Dr. David VK CHAO
Specialty Board	Dr. Wendy WS TSUI

Chairmen of Various Committees

Business Manager
Council Member on Duty System
Education Committee (AM affairs)
External Affairs
Finance
FP Links
Hong Kong Primary Care Conference
House Management
Internal Affairs
Membership
Professional Performance
Public Education
Quality Assurance & Accreditation
Research
Web and Computer

Dr. Mary BL KWONG
 Dr. Tony CK LEE
 Dr. David VK CHAO
 Dr. Gene WW TSOI
 Dr. Quincy SM YUEN
 Dr. Wendy WS TSUI
 Dr. Lorna V NG
 Dr. Billy CF CHIU
 Dr. David VK CHAO
 Dr. CHAN Wing Yan
 Dr. CHAN Kin Ling
 Dr. NGAN Po Lun
 Dr. Billy CF CHIU
 Dr. William CW WONG
 Dr. Mark SH CHAN



College Executives attending 37th Annual General Meeting
 (From left to right) Dr. Billy Chiu, Dr. Lau Ho Lim, Dr. Angus Chan, Dr. David Chao and Dr. Quincy Yuen



Council members and College Staff

Board of Conjoint Examination News

The Board of Conjoint Examination is pleased to announce that the following candidates passed the 28th Conjoint HKCFP/RACGP Fellowship Examination (Clinical Segment) 2014.

Dr. Chau Hoi Ki Samantha

Dr. Cheng Hei Wan

Dr. Cheng Long Yee

Dr. Cheuk Tat Sang

Dr. Cheung Kwok Chiu Stephen

Dr. Cho Yin Fan

Dr. Fok Chun Man

Dr. Kwong Lok See

Dr. Lau Ka Kin

Dr. Lee Yan Chi Vivien

Dr. Tam Wing Yi Cherry

Dr. Tse Sut Yee

Dr. Tsui Wing Hang

Dr. Wan Pui Chu Christina

Dr. Wong Kwai Sheung

Congratulations to you all.

Dr. Peter CY Lee Best Candidate Award

The Board of Conjoint Examination is pleased to announce that Dr. Cheng Hei Wan, who passed the Conjoint Examination at one setting and achieved the best performance, will be awarded the Dr. Peter CY Lee Best Candidate Award 2014.

Congratulations to Dr. Cheng.

Heartfelt Thanks to Case-writers

The Board of Conjoint Examination would also like to take this opportunity to thank the following examiners for participating in case writing in various segments of the Conjoint Examination this year. Their contribution surely widened the question bank and maintained the high standards of the Fellowship Examination.

Dr. Bien Tse Fang Barry

Dr. Chan Laam

Dr. Chan Suen Ho Mark

Dr. Chan Wan Yee Winnie

Dr. Chan Wing Yan Loretta

Dr. Chan Yin Hang Edwin

Dr. Chao Vai Kiong David

Dr. Michael Cheng

Dr. Cheung Hard King

Dr. Cheung Kwok Leung Sydney

Dr. Cheung Wai Keung Paul

Dr. Chui Siu Hang Billy

Dr. Ho Ka Ming

Dr. Ip Pang Fei

Dr. Kenny Kung

Dr. Kwok Chi Sum

Dr. Kwok Pik Ki Peggy

Dr. Lam Chi Yuen Johnny

Dr. Lam Tak Man Catherine

Dr. Lam Wing Wo

Dr. Lau Ho Lim

Dr. Lau Kam Tong

Dr. Lau Kin Sang Kinson

Dr. Lee Chun Kit Tony

Dr. Leung Kwan Wa Maria

Dr. Ng Ching Luen

Dr. Ng Mei Po

Dr. Shek Hon Wing

Dr. Shum Pui Shan Monica

Dr. Sin Ka Ling

Dr. Tam Ho Shan

Dr. Tam John Hugh

Dr. Tsim Koon Lan

Dr. Tsoi Lai To Sammy

Dr. Tsui Kwok Biu

Dr. Wong Chak Tong

Dr. Wong Chi Kwong Roger

Dr. Wong Chi Lung

Dr. Young Sui Wah

Thanks again for their contribution and continuous support throughout these years.



Dr. Chan Hung Chiu

Chairman

Board of Conjoint Examination

Board of Diploma in Family Medicine News

Sharing Session in 37th HKCFP Annual Dinner on 13 Dec 2014 - Speech by Dr. Chau Ka Vai Chris, Candidate graduated with distinction in HK DFM 2013-14

Good evening Dr. Angus Chan, Dr. Ruby Lee, distinguished guests, my teachers and seniors, colleagues and friends.

I am Chris Chau. I am very excited and it is my great honour to be invited to this College dinner. This is my very first time. Wow, there are so many honorable guests here and I really feel nervous.



Dr. Chau Ka Vai, Chris

Honestly, I am not very keen or good at public speaking. However, when the organizing committee asked me whether I can say something at the dinner through the college secretariat John, I did not think much before I accepted the invitation. It is not because I am very ready for it, yet my trembling hands now and probably even my voice, if you listen carefully, will tell you that I am nervous.

Amazingly, the heart felt thankfulness urged me to take the good opportunity to expressing gratitude to the organizers and all my teachers in the diploma course.

I remember I decided to take the course when I worked in Primary Care Office last year. The concept of family medicine was rooted in my mind as early as the time when I was a medical student. To materialize and actualize the concept, in fact, is another story. Holistic approach, client-centered, comprehensive and coordinated care are very attractive but to implement all these effectively in our patient care is not easy, without compromising time and resources and without increasing challenging our stress tolerance. The process is really art and science.

Within the diploma course, the concept of family medicine was thoroughly and beautifully laid out. I learnt that humble and caring character while at the same time good standard of practice including knowledge and professional skill are core elements of a family physician. Beyond the concept, we also learned some essential stuff in the communication skills such as how to manage difficult situation and basic counselling techniques for depressed patients, and enhanced awareness of important signs of our patients' psychosocial needs.

Needless to say, important clinical knowledge and some practical skills like gynecological assessment and CPR were certainly very useful subjects in the course. ENT attachment was my favourite and I always looked forward to attending these sessions. Of course, there are always demands for more of these sessions and attachment including dermatological cases, common orthopedic cases that we encounter day in and day out in primary care settings.

Teachers in this diploma course are always experts in their respective fields. Their preparation, hard work and enthusiastic attitude in conducting the classes impressed me a lot. They were also approachable and ready to answer our questions and gave us some practical guidance.

During the course, I also met a lot of people. There are friends and colleagues from various settings (private practitioners, HA, DH etc.) and disciplines (GP, Orthopaedics, Pathology etc.) and also colleagues from Macau. I also met some of my teachers who are always my best teachers since I was a medical student. Some may even be my personal advisor in my career. I am so grateful that I have taken this diploma course.

I will not hesitate to recommend this course to my colleagues not only those who are interested in family medicine but all doctors who have to take care of patients. There are not really patients without mind and soul and not requiring holistic care for them and their family, perhaps only doctors sometimes make the choices for them.

Last but not least, I would like to give special thanks to the founder and organizers of this course and the Hong Kong College of Family Physicians for the foresight and hard work in organizing this course. On behalf of the graduates of the diploma, we wish this course continuous success in helping doctors like me to be better prepared as good family physicians.

Thank you.

Board of Vocational Training and Standards News

Reminder: Submission of Annual Checklist for Basic Training

To all Basic Trainees,

Please be reminded that all basic trainees must submit the annual checklist to the Board of Vocational Training and Standards either by registered post OR in-person ON or BEFORE 30th January 2015 (Friday). Late submission will not be accepted.

The training experience of 2014 will not be accredited if the trainee fails to submit the checklist on or before the deadline.

Basic Training Subcommittee
BVTs

Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that all higher trainees should submit the original copy of annual checklist to our Board either by registered post or in-person ON or BEFORE 27th February 2015 (Friday). Late submission will not be accepted.

To apply for certification of completion of higher training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook on or before 27th February 2015 (Friday).

The training experience of 2014 WILL NOT be counted if the trainee fails to submit the checklist before the deadline.

Higher Training Subcommittee
BVTs

Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year basic vocational training and attained a higher qualification in Family Medicine can be enrolled into the higher training program.

For those who prepare to sit for the Exit Examination in 2017, please submit the application for higher training ON or BEFORE 27th February 2015 (Friday) in order to meet the requirement for sitting the Exit Examination. The application form is available from the College Secretariat or can be downloaded from the College web site.

Higher Training Subcommittee
BVTs

Higher Training Introductory Seminar

A Higher Training Introductory Seminar will be held in March 2015 for all newly enrolled higher trainees, current trainees and clinical supervisors. The seminar is designed to help higher trainees and supervisors understand our training programme more comprehensively.

Details of the seminar are as follows:

Speaker	:	Dr. Chiu Chi Fai, Billy (Chairman, Higher Training Subcommittee)
Date	:	14 th March 2015 (Saturday)
Time	:	2:30 – 4:30 p.m.
Venue	:	Function Room II, 2/F Hong Kong Academy of Medicine Jockey Club Building 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Please contact Ms. Carmen Tong at 2528 6618 for any queries.

QA & A Committee News

HKCFP Additional & CME Accreditation for year 2014

Application deadline: 28 February 2015

Dear Members,

The credit point score of 2014 QA&A Programme is finalized at the end of year 2014. Please kindly login to the College website <http://www.hkcfp.org.hk/> to check your latest CME/CPD report.

The application for Additional Accreditation and/or CME/CPD points missing for the period January to December 2014 is now open. Please submit the following application(s) to the Secretariat before the application deadline:

1. Additional Accreditation

This is only for the activity which **had NOT been accredited** by QA&A Committee before the activity started. You are advised to submit the "Application form for Additional Accreditation" with \$300 administration fee made payable to "HKCFP Education Ltd." Supporting documents such as attendance record, photocopies of events, transcripts or published articles are required.

2. Report on CME/CPD points missing

This is only for the activity which **had been pre-accredited** by QA&A Committee before the activity started. If the credit points are missing in your credit point score report, please fill in the "Application form for CME/CPD Accreditation of Pre-accredited activity". Supporting documents such as attendance record, photocopies of events, transcripts or published articles are required.

Application Forms are available at the College website <http://www.hkcfp.org.hk> → Downloads → Quality Assurance → Application for Accreditation →

(1) Application form for Additional Accreditation (in PDF format or Word format).

(2) Application form for CME Accreditation (in PDF format or Word format).

You are advised to submit the completed application(s) before the application deadline:

- by Post: The Hong Kong College of Family Physicians, Rm 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen; OR
- by Email: cmecpd@hkcfp.org.hk ; OR
- by Fax: (852) 2866 0981

Late submission will NOT be considered.

The application results are subject to the final decision of the QA & A Committee. Should you have any question on CME/CPD, please contact Ms. Wing Yeung or Ms. Carmen Tong at 2528 6618.

Thank you very much for your support.

QA Certificate and CME Certificate go PAPERLESS

Dear Members,

May I express our utmost gratitude and appreciation for your support all along on the College's eco-friendly project.

Since 2007, QA&A Committee has been successful starting the web-based CME report which helps significantly in saving the consumption on paper and postal as well as the workload of the Secretariat. We would now like to announce that the CME and QA Certificates will go paperless starting from the coming issue (2014).

The CME report 2014 is expected to be finalised in February 2015. Members can login to their own account to download the certificates from March 2015. More details will be published in "FP Links" February 2015 issue.

For any enquiry, please feel free to contact our secretariat Ms Wing Yeung or Ms Carmen Tong at cmecpd@hkcfp.org.hk or 2528 6618.

Interview with Dr. Monica Wong, Head, Primary Care Office

Dr. Maria Leung, Dr. Wendy Tsui & Prof. Martin Wong



Dr. Monica Wong

1. Since the establishment of Primary Care Office (PCO), what is the most impressive achievement of PCO from your perspective?

Production of reference frameworks

One of the major achievements is the production of four reference frameworks (RFs) for primary care. These RFs provide useful reference to primary care doctors for the provision of continuing, comprehensive and evidence-based care in the community. As primary care doctors are busy with their clinical consultations, I believe that these RFs would serve as a convenient way for primary care doctors to access up-to-date information about preventive care and disease management. Of course, these RFs also have a health promotion role, to empower patients and carers, and to raise public awareness about the proper prevention and management of chronic diseases.

Contribution of experts

Development of the RFs is strongly supported by the respective Clinical Advisory Groups (CAGs). Members of CAGs are experts from the respective fields and representatives of professional organizations. I am impressed by the effort, time and passion they put into the development of RFs.

Progress of development

The development of the RFs for diabetes and hypertension care in primary care settings have been completed. A mobile application of the RFs for diabetes and hypertension care was officially launched in September 2013 for free download. The core documents of the RFs for children and older adults were published in December 2012. The module on immunization under the RFs for children and the module on health assessment under the RFs for older adults have also been launched. Development of other modules under these RFs are in progress.

Primary Care Directory Website and Mobile Application

In addition to the development of reference frameworks, PCO also has a role to encourage and facilitate the public to find their own family doctors. As such, the idea of the Primary Care Directory came into place. The Directory is a web-based database which contains personal and practice-based information of different primary care providers. The establishment of this platform aims to provide a trustworthy channel whereby the public can search for and choose their own primary care providers. A considerable amount of time was spent on designing the content and layout of the Directory. My colleagues also bring in innovative ideas such as including a Google map to show the practice location of each primary care provider. Such feature has also been made available in the Directory's mobile application.

2. What are the challenging aspects of your work in PCO? And how do you manage your challenges?"

One of the major challenges is that many Hong Kong people do not have a clear understanding of the concept and benefits of primary care. According to previous telephone interviews, only less than half of the respondents said they had a family doctor. Regarding the reasons for having no intention to get a family doctor, some people considered that they seldom got sick and hence would not need a family doctor. Others preferred changing doctors rather than consulting one single doctor continuously. These findings more or less reflected the on-going culture in our society and a lot more work has to be done to change this social norm.

To tackle this challenge, clear messages on the concept of primary care, and the value of comprehensive, patient-centred, continuing, co-ordinated and preventive care must be delivered to the public. In April 2011, PCO started off a territory-wide "Primary Care Campaign" to enhance public understanding and awareness of the importance of primary care, drive attitude change, and foster public participation and action. Various mass



Dr. Wendy Tsui and Dr. Monica Wong



Dr. Maria Leung, Dr. Monica Wong and Dr. Wendy Tsui

media channels, including television, radio, newspapers, advertisements via mass transport and Internet and roving exhibitions had been employed to promote primary care and the family doctor concept to the general public. Last year, a primary care television drama series titled “我的家庭醫生”, produced in collaboration with RTHK and supported by HKFCP, was launched to promote primary care and family doctor concepts. While this series is one of the popular programmes in RTHK, we must continue to invest more effort, so that more people will buy in the concept of family doctor.

3. How can we further enhance the establishment of a strong primary care team, linking the various professionals in different health care sectors?

A strong primary care team should comprise different health care professionals such as doctors, nurses, dentists, optometrists, dietitians, physiotherapists, occupational therapists and other allied health professionals in order to provide comprehensive care. In Hong Kong, such multi-disciplinary care can be provided by community health centres (CHC). CHC is a place where an individual could attend to receive multi-disciplinary services. It aims to provide a one-stop service for individuals in the primary care setting. Two purpose-built CHCs have already come into service in the public sector. As the CHC model has been proven beneficial to patients' experience and outcome, we are working on the development of other CHCs in the community.

4. Preventive care is often not given a high emphasis in many countries. What are the strategies by PCO to strengthen preventive services in HK, given limited resources?

As you know, DH is currently providing services on preventive care to specific population groups. Examples of these services/centres include Maternal and Child Health Centres, Student Health Service and Elderly Health Service. We hope that in the



Dr. Monica Wong and her beloved cat

future, stronger capacity among private doctors could be built up to provide comprehensive and tailor-made preventive care to individuals throughout their life course. The RFs would be useful to help such capacity building.

5. Training plays a significant role in maintaining the quality of health care. How would PCO enhance the training of primary care providers?

While the production of RFs is an achievement, such information has limited value unless it is translated into KAP, ie knowledge, attitude and practice, particularly applicable to the primary care providers. To this end, PCO has been collaborating with professional institutions/ organizations to organize CME seminars which target at primary care providers. For example, PCO is currently collaborating with HKFCP on a CME programme to promulgate the adoption of reference frameworks on diabetes and hypertension. The programme also touches on the concept and practical ways to conduct clinical audit in primary care setting. It is hoped that such programme will provide conducive environment for continuous quality improvement among primary care providers.

6. Understanding that PCO has a major role in research projects in primary care services, what are your thoughts on current research in primary care services? What would be your future direction in this field?

PCO is tasked to conducting research studies in relation to enhancement of primary care and formulating plans for further development of primary care. Since the set up of PCO, our research activities have been more focused on provision of baseline data on the public's awareness, knowledge, practices and views regarding primary care, family doctors and the Primary Care Directory. Now that the RFs have been developed, our research would also study the penetration of the RFs among primary care doctors, and the facilitators and barriers to doctors' adoption of the RFs. Such research would provide insight on the direction and means to further promulgate the RFs.



Cross stitch by Dr. Monica Wong

WORK HARD & PLAY HARD – OUR "PIG" WAS BORN!

Our department is a big multi-disciplinary team comprising more than 100 doctors with supporting nurses and other allied health workers. Besides working hard everyday striving for holistic and comprehensive patient care in our local community, we also highly value our own physical and mental well-being by encouraging our staff to develop different interests during our leisure hours. We believe in the rationale **"work hard, play hard"**, which can help us generate positive energy, morale & commitment as a team to face our everyday challenges.



In recent years, we have noticed a number of us have strong interest in photography, and hence we freshly formed a "photography interest group" (a.k.a. "PIG"). To let this humor further develop, our PIG was also correspondingly named 九西攝影「豚」 in Chinese. Notwithstanding the name, our PIG members are all smart, artistically-minded and we have a good sense of beauty towards capturing good images.



Our group members regularly meet up after work to share our photography experience as well as having fun outings to practise taking different kinds of shots. Through this, a lot of colleagues gradually form our own unique photography style. Here are some of our recent snaps during the latest outing in the Hong Kong Park for sharing with everyone here.



切磋
(Photo by Dr John-Hugh)



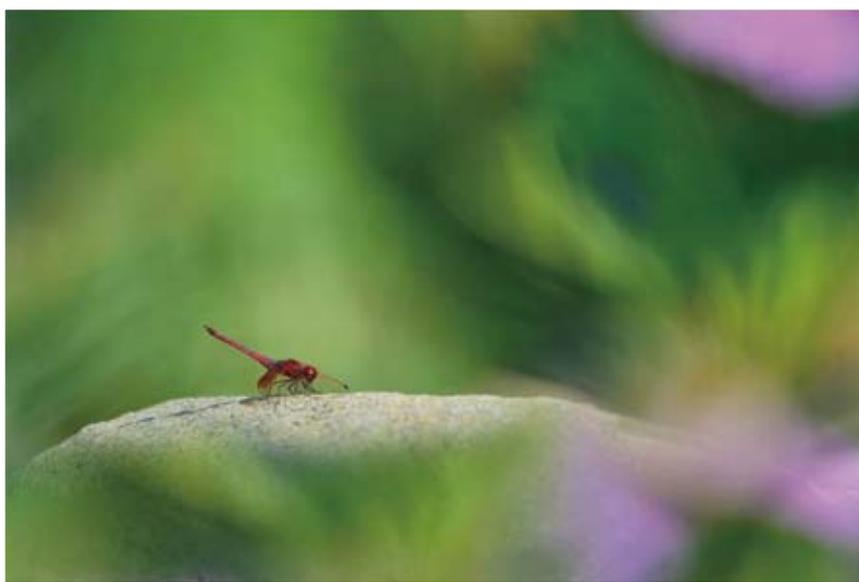
攝中攝
(Photo by Dr Tam Ho Shan, Brenda)



Lucky Flower
(Photo by PIG Member)



Love
(Photo by PIG Member)



綠草叢中一點紅
(Photo by Dr Tam Ho Shan, Brenda)



驕傲的長冠八哥
(Photo by Dr John-Hugh Tam)

Complied by Dr. John-Hugh Tam

Indoor Air Quality and Health

In late November 2014, a warning about the possible increase of health risks associated with drying washing indoors among immunocompromised patients and severe asthmatics has been reported by the Daily Mail. This warning was from Professor David Denning and his team at the National Aspergillus Centre in Manchester. According to Professor Denning, the moisture released from wet washing would raise the indoor air humidity and make the indoor environment an ideal place for the growth of *Aspergillus*. *Aspergillus* could trigger asthmatic attack or cause pulmonary aspergillosis in immunocompromised patients. It was advised that the drying wet washing should be performed in an outdoor setting, in a tumble dryer or well-ventilated indoor area away from bedrooms and living areas.

This latest news in fact echoed with a recent review by the World Health Organization (WHO) in 2009, which stated that "there is sufficient epidemiological evidence of associations between dampness or mould and asthma development, asthma exacerbation, current asthma, respiratory infections (except otitis media), upper respiratory tract symptoms, cough, wheeze and dyspnoea." Besides *Aspergillus*, there are numerous microbiological agents associated with indoor dampness, e.g. dust mite, *Cladosporium*, *Penicillium*, and *Stachybotrys* species. These agents cause adverse health effect through allergy, infection or production of toxin (mycotoxins).

This exemplifies how our health could be affected by daily living environment. In addition to dampness (relative humidity), several indoor air quality (IAQ) parameters are mentioned in guidelines from different countries, including: temperature, fresh ambient air, carbon monoxide, total volatile organic compounds, formaldehyde, and particulates. The health effects from poor IAQ include acute irritation of eyes, nose, and throat; which may induce headache, dizziness, rashes, muscle pain, and fatigue. Long-term exposure to poor IAQ is associated with sick-building syndrome, asthma, allergic rhinitis, and allergic conjunctivitis, and causes hypersensitivity pneumonitis.

We family physicians should be vigilant to health conditions possibly related to poor IAQ, which can present with vague complaints subsequent to change in home or office environment, or a cluster of cases from the same home or office setting. And, for those family physicians who manage clinics, it is a responsibility to keep a good IAQ so as to protect the health of all relevant parties.

References:

1. WHO Guidelines for Indoor Air Quality: Dampness and Mould. Geneva: World Health Organization; 2009. http://www.euro.who.int/_data/assets/pdf_file/0017/43325/E92645.pdf
2. OSHA: Indoor Air Quality In Commercial and Institutional Building. Occupational Safety and Health Administration, U.S. Department of Labor 2011. <https://www.osha.gov/Publications/3430indoor-air-quality-sm.pdf>

Compiled by Dr. Kwan Yu (Kowloon East Cluster)

TWENTY- NINTH CONJOINT HKCFP/RACGP FELLOWSHIP EXAMINATION FIRST Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Twenty-ninth Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2015.

(1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP*
2. FULLY REGISTERED with the Hong Kong Medical Council*

(*Documentary evidence is required with the application - including a valid RACGP number.)

(Note : All candidates are required to renew their RACGP membership for the year 2015/2016 before 31 July 2015. Failure to comply with the rule may result in denial of admission to the Exam.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing or have completed a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine. After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, both the two segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

(Note : All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2015, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2015, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than five years by 30 June 2015.

Category II candidates may opt to only sit for the Written Examination at the first and subsequent application.

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A. Written Examination
 - Key Feature Problems (KFP), and,
 - Applied Knowledge Multiple Choice Questions (MCQ)
- B. Clinical Examination
 - Objective Structured Clinical Examination (OSCE)

(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess a CPR (Competence in Cardiopulmonary Resuscitation) certificate issued by the HKCFP*. This validity of this certificate must span the time at which the application for the Examination is made **AND** the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

***Note:** In regarding the CPR certificate as issued by the HKCFP, the CPR workshops & examinations for 2015 will be held on 28 February - 1 March 2015 and 21 – 22 March 2015 respectively. Details regarding the workshop / examination can be referred to the News of Board of Education (on pg. 18). Please register with our

College secretariat at 2528 6618 IMMEDIATELY if you do not hold a valid CPR certificate issued by HKCFP and intend to sit for the Conjoint Examination 2015.

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the KFP and MCQ segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2018).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/RACGP Fellowship Examination.

(5) APPLICATION AND EXAMINATION FEES

Application forms are available from the College Secretariat at Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. You may also download the application forms from our College website, www.hkcfp.org.hk Please note that the deadline for application is **15 April 2015**.

For both **CATEGORY I** or **CATEGORY II CANDIDATES**:

- Full Examination (Written + Clinical)	\$28,000
- Written Examination	\$8,080 plus Administrative Fee \$9,040
- First attempt on Clinical Examination	\$10,880
- Subsequent attempt on Clinical Examination	\$10,880 plus Administrative Fee \$9,040

Please make the cheque payable to **"HKCFP Education Limited"**. If a candidate applies for the Full Examination and **fails the Written Examination, the fee (\$10,880) paid for the Clinical Examination will be refunded.**

(6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notification of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$18,960 (for the whole examination), \$8,080 (for the written examination) or \$10,880 (for the clinical examination). The administration fee of \$9,040 will not be refunded.

No refund of any amount will be given if written notice of withdrawal is received by the College within 60 days of the date of the examination.

All fees paid are not transferable to subsequent examinations.

(7) IMPORTANT DATES

• 15 April 2015 (Wednesday)	Closing Date for Applications
• 30 August 2015 (Sunday)	Conjoint Examination – Written Examination (MCQ)
• 6 September 2015 (Sunday)	Conjoint Examination – Written Examination (KFP)
• 25 October 2015 (Sunday) (tentative)	Conjoint Examination - OSCE

(8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website (www.hkcfp.org.hk / www.racgp.org.au). You may also contact the HKCFP Secretariat, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2528 6618, Fax: 2866 0616.



Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination

Interest Group in Mental Health & Psychiatry in Primary Care - The 42nd Meeting on 6th Dec 2014

Dr. Chan Suen Ho Mark (Co-ordinator) – Board of Education

The 42nd Interest Group in Mental Health & Psychiatry in Primary Care Meeting was held on 6th Dec 2014. Dr. John So, a private psychiatrist, is the speaker.

Meeting Theme : Application of CBT in Brief Session

Attendance : 58

The Speaker : Dr. John So was trained in Hong Kong and obtained his academy fellow in Psychiatry. His interest is CBT and general psychiatry. Dr. So is an active teacher and a well acknowledged lecturer for primary care doctors and students.

Learning points

The common medical conditions encountered in primary practice are depression, anxiety disorders, medically unexplained symptoms and chronic illness.

When applying skills, clinicians should essentially make sense of the problems identified, formulate new strategies, break vicious cycle, and facilitate change (by patient themselves).

Choose the right patient

No techniques are universally applicable, one needs to have a right choice of patients who can relate well to CBT rationale and optimism regarding therapy; develop a good collaborative relationship; and concentrate enough to focus on issues one at a time. i.e. not all patients are suitable for CBT.

1. choice of patients: patients should be able to identify automatic thoughts, aware of and able to distinguish between different emotions and accept responsibility for change
2. the condition should be of recent problems of relatively short duration
3. AVOID severe and major psychiatric diagnoses
4. AVOID patients with strong emotion or anger

Conducting of session

1. Sessions could be ad hoc or planned; slow down and focus
2. remember to make problem list
3. The doctor need to encourage patients to take ownership of their problems
4. avoid persuading positive thinking
5. In the wrap up session, consultations can be left with open note, with key information for review, may agree on homework, and encourage self-help.

Depression as example

1. The skills start with a good rapport, where family doctors have advantage in building a collaborative relationship.
2. A "mood check" and review at the beginning, with a problem-focused approach.
3. After making a problem list, one helps the patient to identify specific problem(s).
4. Useful skills include empathy through general empathic and specific empathic statements; guided discovery, asking informational questions; as well as empathic listening and question summarizing.

In open discussion, use interactive dialogue, avoid jargons and tangible causal mechanisms of symptoms, remove blame and allow sense of control over fears and problems. In the long run, one will encourage active self management.

SMART

When using homework as a skill, the homework needs to be specific, measurable, achievable, relevant, and timely (SMART).

In follow up sessions, have a framework e.g. "mood check" and review progress ; review goal and agenda ; one helps to overcome difficulties during feedback, and check the patients' understanding

Anxiety

The skills follow the framework:

1. "mood check" and review
2. goal and agenda
3. may use guided discovery and summary, then
4. homework and feedback

Psycho education

It helps to explain to our patient that anxiety is an emotional response, as well as its awareness, regulation and the anger management model.

Newer techniques include mindfulness with self awareness training to stand back and observe internal processes. At the same time physiological response is monitored.

The session ended with an active Q and A session, touched also on medically unexplained symptoms and patients with chronic illnesses. Due to time limitation, we invited Dr So to participate in another session scheduled in 2015 on this practical and interesting mental health topic.

Reference

1. Using CBT in General Practice, the 10 minute CBT handbook, second edition, Lee David, Scion 2013.
2. Cognitive Behavior Therapy, Basics and Beyond, second edition, Judith Beck, Guilford 2011.
3. Cognitive Therapy of Personality Disorders, second edition, Aaron Beck, 2003.

Next meeting

The next meeting for the Interest group will be on Feb 7th 2015. A specialist psychiatrist Dr. Lee Wing King will speak on Advance Update and Clinical Application in Mood Disorder.

All members of the College are welcome and encouraged to present their cases and problems for discussions or role play. (Please do so 2 weeks beforehand for speakers to review, contact our secretary at 2528 6618.) Again, those who are experienced ones can share, less experienced ones can benefit from participation. Our goal is to enhance our practical skills, as well as promote early awareness and better management of mental health problems in our community.

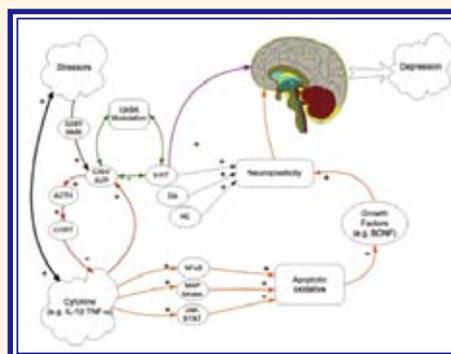


Diagram 1. Interaction of neurotransmitters in depression.

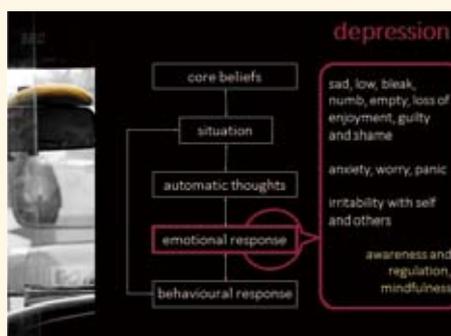


Diagram 2. Emotional response in depression.

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the Hotel for the Scientific Meeting.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

CPR Training and Examination Workshop 2015

Only 2 CPR Training and Examination Workshops will be held in 2015 (28 February, 1 March and 21, 22 March).

As no one is guaranteed to pass in the first attempt, members who plan to sit for the 2015 Conjoint Examination and do not possess a valid HKCFP CPR Certificate are strongly advised to register in our CPR session. Members are reminded that a valid HKCFP CPR Certificate is a pre-requisite for enrolment of the Conjoint Examination. Members who plan to sit for the 2015 Conjoint Examination are also reminded to check the validity of their HKCFP CPR Certificate to make sure that it is valid at the time of application and also at the time Clinical Examination. HKCFP CPR certificates are valid for 2 years.

1st Announcement: January College News

28 February – 1 March 2015 Saturday and Sunday

CPR Training and Examination Workshop

Time	2:00 p.m. - 6:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Talks	1. CPR Basic Life Support-Principles and Techniques 2. Pitfalls in CPR and Demonstration on Automated Defibrillator 3. Medico-legal Aspect of CPR 4. Updates in Guidelines
Training	Hands-on training, supervised by HKCFP CPR Instructors
Accreditation	3 CME points HKCFP (Cat. 4.4) 3 CPD points HKCFP (Cat. 3.11) for passing CPR Examination
Co-organizer	The Hong Kong College of Cardiology
Capacity	50 doctors

Admission Fee:

Members (Attend Training and Examination Workshop)	HK\$600.00
Non-members (Attend Training and Examination Workshop)	HK\$1,200.00
Members with expired CPR certificate (HKCFP) (Attend Training and Examination Workshop)	HK\$200.00
Members with valid AHA Certificates (Require to sit for Examination Only)	HK\$200.00
Non-members with expired CPR certificate (HKCFP) (Attend Training Workshop and Examination)	HK\$400.00

All cheques payable to "HKCFP Education Ltd".

All fees received are non-refundable and non-transferable.

Each successful candidate will be awarded a CPR Certificate valid for 2 years, also accredited by RCHK. Please contact Ms. Windy Lau at 2528 6618 for registration on/ before **20 February 2015**.

LATE APPLICATIONS WILL NOT BE ENTERTAINED.

Conjoint examination application deadline: 15 April 2015

* **REMARKS:** you are not suggested to take the CPR training workshop and examination during your pregnancy.

7 February 2015 Saturday

Board of Education Interest Group in Mental Health

Aim	To form a regular platform for sharing and developing knowledge and skill in the management of mental health	
Theme	Advance Update and Clinical Application in Mood Disorder	
Speaker	Dr. Lee Wing King Specialist in Psychiatry	
Co-ordinator & Chairman	Dr. Chan Suen Ho, Mark The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Lunch
	2:00 p.m. – 4:00 p.m.	Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.	

HKCFP would like to thank HKMA for supporting this educational activity.

Sponsored by
Pfizer Corporation Hong Kong Limited

9 February 2015 Monday

Early Insulin Initiation – Challenges & Benefits

Dr. Choi Cheung Hei

Consultant Physician, Department of Medicine,
Queen Elizabeth Hospital

Chairman	Dr. Li Yim Chu The Hong Kong College of Family Physicians	
Time	6:30 p.m. – 7:00 p.m.	Registration
	7:00 p.m. - 8:00 p.m.	Lecture and Discussion
	8:00 p.m. - 9:00 p.m.	Dinner
Venue	Pearl Ballroom, 2/F, Eaton Hotel, 380 Nathan Road, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Sponsored by
Eli Lilly Asia, Inc (Hong Kong)

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

January's session:

Date	30 January 2015 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	Sports Medicine, Sports Science – Current Practice
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

February's session:

Date	27 February 2015 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	1. Glycemic Index - Non-alcoholic Fatty Liver Disease 2. Understanding Fats: Good VS Bad
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
14 February 2015 2:15 – 4:15p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Gynaecology Update for Primary Care Dr. Kit Sheung CHAN, CONS (O&G), KWH	Ms. Clara Tsang Tel: 2327 6852

Structured Education Programmes

Free to members
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
4 February 15 (Wed)			
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Pitfalls in Cosmetic Medicine in General Practice Dr. Tsui Felix	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Confidentiality and Patient Rights Dr. Wong Hong Kiu Queenie & Dr. Yeung Ka Yu Doogie	Ms. Cordy Wong Tel: 3949 3087
5:00 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Travel Medicine Dr. Tin Yuen Ying & Dr. Leung Siu Hei Peter	Ms. Crystal Law Tel: 2632 3480
5 February 15 (Thur)			
2:15 – 5:15 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Confidentiality and Patient Rights Dr. Yuen Ming Wai & Dr. Chan Wing Chi Annie	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	IMHP Case Sharing by POH Dr. Cheng Sai Yip	Ms. Eliza Chan Tel: 2468 6813
11 February 15 (Wed)			
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Diagnosis and Management of Panic Disorder, Agoraphobia, Acute Stress Disorder and PTSD Dr. Lam Yip Cheung	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Infection Control in General Practice Dr. Ching Rosemary Hin Nga & Dr. Lau Ka Man	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Ethical Issue in End of Life Care Dr. Steve Yeung & Dr. Lee Sum	Ms. Crystal Law Tel: 2632 3480
5:15 – 7:15 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Management of Difficult DM patients: How can motivational interview help? Dr. Jenny Wang & Dr. Charles Ngai	Ms. Elaine Cheung Tel: 2589 2337
12 February 15 (Thur)			
2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Infection Control in General Practice Dr. Tsui Hiu Fa & Dr. Kam Ngar Yin Irene	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Occupational Health Issues in our Clinics Dr. Ise Hing Choi & Dr. Chan Ching	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Management of Movement Disorders (Including Benign Fasciculation Syndrome) Dr. Mathew Lau	Ms. Kwong Tel: 2595 6941
18 February 15 (Wed)			
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Breastfeeding Dr. Lo Alvina & Dr. Lee Ka Yun Peter	Ms. Cordy Wong Tel: 3513 3087
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Women's Health: Pap smear and Mammogram Dr. Tong Ka Hung	Ms. Eliza Chan Tel: 2468 6813
25 February 15 (Wed)			
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Communication Skills and Doctor-patient Relationship Dr. Chow Pui Yin Melody & Dr. Pun Yat Hei	Ms. Cordy Wong Tel: 3513 3087
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Update Management of Patient with Osteoporosis Dr. Yuen Ching Yan	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	How to Conduct Research Dr. Kenny Kung	Ms. Crystal Law Tel: 2632 3480
5:15 – 7:15 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Private Clinic - How to Set up a Clinic Dr. Luk KH	Ms. Elaine Cheung Tel: 2589 2337
26 February 15 (Thur)			
2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Communication Skills and Doctor-patient Relationship Dr. Chan So Wai Sara & Dr. Chan Kam Sum	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Update Management of Gout and RA in Primary Care Dr. Wong Fai Ying & Dr. Kum Chung Hang	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Assessment and Management of Osteoporosis Dr. Fok Chun Man	Ms. Kwong Tel: 2595 6941

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 Jan	12	13	14 2:15 – 7:15 p.m. Structured Education Programme 6:30 p.m. HKPC Meeting	15 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. HKCFP Council Meeting	16	17 2:30 – 4:30 p.m. CA Standardization Workshop (Wong Chuk Hang) PA Introductory Workshop (Wanchai)
18	19	20	21 2:15 – 7:15 p.m. Structured Education Programme 1:00 – 3:30 p.m. CME Lecture	22 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. 219 th Board of Conjoint Examination Meeting	23	24 2:30 – 5:00 p.m. DFM Evidence-based Medicine
25	26 1:00 – 3:30 p.m. CME Lecture	27	28	29	30 2:30 – 3:30 p.m. Video Session	31
1 Feb	2	3	4 2:15 – 7:15 p.m. Structured Education Programme	5 2:15 – 7:00 p.m. Structured Education Programme	6	7 1:00 – 4:00 p.m. Interest Group in Mental Health
8	9 6:30 – 9:00 p.m. CME Lecture	10	11 2:15 – 7:15 p.m. Structured Education Programme	12 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. HKCFP Council Meeting	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27 2:30 – 3:30 p.m. Video Session	28 2:00 – 6:00 p.m. CPR Training Workshop

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Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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